

Co-occurring Disorders (COD) Leadership Committee Statewide Meeting February 16, 2023

Meeting Participants: Anastasia Miliadi (Southwest Michigan BH/Region 4), Brenda Stoneburner (MDHHS), Carrie Chanter (Genesee Health Systems/Region 10), Brittany Pietsch (Region 1), Cathy Hart (Southwest Michigan BH/Region 4), Dante Jennings (Genesee Health Systems/Region 10), Deb Willard (CEI CMH/Region 5), Ecole Barrow-Brooks (MDHHS), Jennifer Harrison, Jennifer Stewart (HealthWest/Muskegon/Region 3), Lena Houston (MDHHS), Leslie Pitts (MDDHS), Liz Cunningham (Central Michigan/Region 5), Lorianne Fall (MDHHS), Mary Baukus (Saginaw County CHMA/Region 5, Region), Michelle Boudreaux - Chair (MDHHS), Nicole Adelman (Region 6), Nicole Brooks (MDHHS), Steve Batson (Trauma Informed Care/IDDT MIFAST Contractor), Tami LeBlanc (Region 1)

Welcome and Introductions

Welcome and introductions were made.

Review of Previous Minutes – Go to www.improvingMIpractices.org

MDHHS Updates – Michelle Boudreaux

Upcoming Trainings

- Michelle did up a training document for the group - Lorianne will share it with the committee via email.
- Trauma Informed Care will be virtual for June 21-22, 2023, with an August in-person training – dates to be determined.
- Michelle mentioned the Prolonged Exposure Therapy trainings.
- IDDT 101 and 201 trainings to be added and – once the brochure(s) are available that will be emailed to the committee.
- Motivational Cohorts are also available for mental health and SUD practitioners.
- To register go to [Conferences & Training • Community Mental Health Association](#).

IDDT MIFAST Teams

Michelle mentioned there were 11 IDDT teams across the state and there are a significant number of ACT teams that are dual teams.

Topics for Upcoming Meetings

Michelle shared the IDDT Treatment Fidelity Scale Tips Tool document and went through the IDDT Fidelity Domains.

- Topics for future meetings:
 - Looking more at MAT and how it is incorporated into the CMH systems and what does that look like.
 - Looking at groups' integration of mental health and SUD topics and stagewise treatment.
 - Looking at non-responders and receiving EBP who are really struggling.
 - Figuring out what works the best for them.
 - Contingency management.
 - Raising the baseline of knowledge for practitioners.
 - Funding.
 - Trauma related (what is needed right now).
 - Staff retention.
 - Writing a realistic and workable treatment plan.

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- Cannabis (recreation and medical).

IDDT 101 and 201 – Jennifer Harrison

Jennifer talked to the group about the differences in the two trainings.

- IDDT 101 – focus of SUD services for MH practitioners: prevalence and incidence of SUD, MH, and COD; co-occurring capable and enhanced programs; integration of peers in COD/SUD; stigma and impact; levels of integration of MH, SUD, physical health; stages of change and treatment; SBIRT; and ASAM assessment.
- IDDT 201 - focus of SUD services for MH practitioners: EBP development; finding effective treatment; early-stage treatment planning and delivery (including harm reduction and ASAM levels of care); SUD – why people use; impacts of different substances; SUD and social justice; cannabis; opioids (including pain); and defining successful treatment for SUD and COD.

Future Agenda Items

Please email any future agenda items to Michelle Boudreaux at BoudreauxM@michigan.gov.

Future Meetings

May 18, 2023, 2:30- 3:30 p.m.