

Co-occurring Disorders (COD) Leadership Committee Statewide Meeting November 17, 2022

Meeting Participants: Ambrosia Jackson (MDHHS), Carrie Chanter (Genesee Health Systems/Region 10), Cindy Eckert (Region 10), Dante, Jennings (Genesee Health Systems/Region 10), Deb Willard (CEI CMH/Region 5), Deana Mason (CMH Central MI/Region 5), Ecole Barrow-Brooks (MDHHS), Lena Houston (MDHHS), Leslie Pitts (MDDHS), Lorianne Fall (MDHHS), Mary Baukus (Saginaw County CHMA/Region 5, Region), Michelle Boudreaux - Chair (MDHHS), Steve Batson (Trauma Informed Care/IDDT MIFAST Contractor), Tami LeBlanc (Region 1)

Welcome and Introductions

Welcome and introductions were made

Review of Previous Minutes – Go to www.improvingMIpractices.org

MDHHS Updates – Michelle Boudreaux

Upcoming Trainings for Motivational Interviewing (MI)

MI Train-the-Trainer - The training started this past week.

MI Trainings for Basic and Advanced - MI five meetings sent out a save the date flyer:

1st MI cohort December 12 -13

2nd MI cohort starts January 18 - 19

3rd MI cohort on February 2 - 3

4th MI cohort in March 20 - 21

5th MI cohort in April on 12- 13

- Brochure is still waiting for approval and once that happens, Community Mental Health Association (CMHA) will start registration for it.
- New this fiscal year (FY) 23, with the American Rescue Plan Act (ARPA) grants, Substance Use Disorder (SUD) providers can also register for the trainings.
 - Historically it has only been available for individuals working for community mental health (CMH) agencies.
- Michelle is expecting these trainings will fill up fast.

MI College – The department is working on the dates, but this is for people who had Basic and will be for Advanced training.

MI for Leadership, Organizations, and Supervisors – In a couple of weeks a save the date flyer will go out to CMH and SUD providers.

MI Michigan Fidelity Assistance Support Team (MIFAST) Fidelity Tool Pilot – This will be presented, hopefully, at the Practice Improvement Steering Committee (PISC) meeting.

- Next meeting is December 1, 2022, 1 – 3 p.m.
- Looking for anyone who would be interested in being part of the pilot study: trying out the tool and see how it works.

Upcoming Trainings for Integrated Dual Disorder Treatment (IDDT)

IDDT Basic and Advanced – The training will be coming out soon and hopefully starting in January.

CBT Training – This was started last FY22 and planning on offering again in FY23.

Sign up at [Community Mental Health Association of Michigan](http://CommunityMentalHealthAssociationofMichigan.org).

Co-occurring Disorders (COD) Leadership Committee Statewide Meeting November 17, 2022

Feedback from the group on trainings that they would like to see.

- Coding,
- Cannabis precontemplation,
- Integrated treatment planning,
- Trauma Informed Care with COD,
 - A better understanding of trauma and the link between SUD.
- CCS Supervision,
- Training on around shame and forgiveness like wounded Soul training.
 - Vicarious trauma, compassionate fatigue, burnout, if that would be something that would be helpful or supportive to the field or any focus related to that.

Technical Assistant (TA) Needs or Issues

Michelle mentioned there is TA available on IDDT services to agencies that are only providing COD services.

Regional Reports

- **Region 5**
 - Deb Willard (CEI)
 - CEI has a Cochrane workgroup (monthly) meeting with a combination of stakeholders within the agency to lead the charge as far as their strategic plan related to COD and are working on getting representation from all of the teams.
 - They have a few Peer Recovery Coaches in the workgroup.
 - They do have newer staff so there are guidelines that they do have in place and through these meetings she is learning that people don't know what those guidelines say for COD.
 - Making sure people are aware of the trainings through Improving Mi Practices website.
 - They started a guiding team to try and use an adaptive leadership training to try and help them have a better training plan which would include COD.
 - They have some units that have precontemplation groups, action and maintenance going as far as recovery, arts and crafts.
 - Mary Baukus (Saginaw CMH)
 - They have a quarterly fidelity meeting called IDT Supervisor that that she uses as an opportunity to connect with supervisors.
 - Any new resources that she has found in training opportunities.
 - Pick a couple of things from the fidelity tool.

Future Agenda Items

Please email any future agenda items to Michelle Boudreaux at BoudreauxM@michigan.gov.

Future Meetings

February 16, 2023, the meeting is switching to the Zoom platform.