### Group Members Present

Adam Hamilton, Amelia Fonger, Ambrosia Jackson, Angie Smith-Butterwick, Belinda Hawks, Brenda Stoneburner, Brittany Pietsch, Charlyss Ray, Christine Mieloch, Deb Willard, Jasmin White (Presenter), Jean Pfaendtner (Presenter), Jennifer Keilitz, Joanie Blamer, John Langlois, Josh Snyder, Kim Batsche-McKenzie, Lena Houston, Leslie Pitts, Luann Gray, Marie Jones-Watts, Mary Baukus, Mary Ludtke, Michelle Boudreaux (Host), Moira Kean, Shirley Terlecki, Tom Seilheimer

### I. <u>Welcome and Introductions</u> Michelle Boudreaux called the meeting to order, and introductions were made.

### II. <u>Review of Minutes</u>

There were no changes, or updates to the minutes from September 1, 2022, meeting.

- III. <u>Division of Adult Home and Community-Based Service Updates Belinda Hawks</u> Belinda updated the committee on the Conflict Free Access and Planning / Contact Free Case Management Project.
  - They have worked with the workgroup this past year and have received feedback from both the workgroup and individuals served plus met with various internal groups.
  - For FY23, they really want to move to an implementation phase.
    - In December, they plan to meet with senior leadership and the legal department with a plan to review the proposed timeline so they can begin the work on the implementation phase for next year.
    - March 2023 was their targeted timeline and are now thinking about pushing that out a little bit given the work that needs to be done and the involvement and partnership that the department will need from the PIHPs and CMHSPs for implementation.

A new section called Intensive Community Transition Services (ICTS) which is a carrying forward of a contract that was currently managed by the State Hospital Administration.

- For those who are being discharged from a state hospital, to have designated contract beds in the community and provides a stepdown for individuals not ready yet to be in a community-based setting.
- Plus, an expansion due to a legislative appropriation, the department has been directed to create 60 beds within the community at large with existing providers who already would have been part of the original work with the state hospitals and potentially others as well for children, youth, and adults.
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- This is to help before going to or transitioning from a state/community hospital placement as a referral to a state/psychiatric bed.
- These will be residential settings that will have beds dedicated by contract with the department up to 60 at this point but that could change.
- The department is drafting policy to guide that work.
- They are currently recruiting for a manager, specialist, and an analyst for the section.
- IV. <u>Community Mental Health Association of Michigan</u> No updates were given.
- V. <u>Special Topic Presentation: Jean Pfaendtner and Jasmin White</u> <u>Level of Care Utilization System (LOCUS) FY22 Implementation Project</u> Jean and Jasmine presented a presentation on the LOCUS Implementation Project.
  - The committee will be sent out the PDF.

### VI. Evidence-Based Practices and PISC Subcommittee Updates

# Bureau of Children's Coordinated Health Policy and Supports – Division of Program and Grant Development and Quality Monitoring – Kim Batche-McKenzie

- A. Evidence-Based and Evidence-Informed Practices for children, youth, and families.
  - a. Mary Ludtke, Leslie Pitts, and Luann Gray provided updates on their division projects.
  - b. A handout was provided from their division for the minutes.

### Bureau of Community Based Services - Division of Adult Home and Community Based Services – Brenda Stoneburner

- A. Community-Based Practices and Innovation (CPI) Section -Evidence-Based and Evidence-Informed Practices for Adults.
  - a. Assertive Community Treatment (ACT) Teams
    - Brenda introduced Lena Houston ACT Specialist to the committee.
    - The department has been comparing lists of ACT teams around the state and trying to get those updated and correct.
    - A call went out through the PIHPs to try and get updated team leads and contact information on the teams.

- We have heard back from all but four of the regions and Brenda will be following up with the directors of the PIHPs early next week to get the remaining forms submitted.
- The ACT Michigan Fidelity Assistance Support Team (MIFAST) team visits will be starting in January 2023.
  - Teams that will be prioritized first by requests followed by teams that are receiving any of the American Rescue Plan Act (ARPA) funds for ACT.
  - Lena is starting to build the ACT MIFAST review team back up.
- b. Improving MI Practices (IMP)
  - The department is adding new courses and new content is being created.
  - There are now over 48,500 users with 2,000 new users that just joined recently.
  - The link to the website is <u>Improving MI Practices</u>.
- c. Individual Placement and Support (IPS)
  - IPS teams have recently grown with Lapeer and Saginaw coming on board.
  - Michigan IPS has over 48% employment in the third quarter of FY22.
    - This is the highest that the department has tracked in seven years: 1,525 individuals on the IPS caseload across the state and 732 of them are working.
    - Challenges faced include staffing issues and a couple of sites were Joe worked on getting corrected data.
    - Part of it, per individuals, is they are experiencing community recovery as part of being involved in IPS services.
- d. <u>Dialectical Behavior Therapy (DBT) Michelle Boudreaux</u> Michelle informed the committee about FY23 upcoming DBT Foundational (DBT intensive are the same thing) Training.
  - The dates are provided in the handout for the trainings.
  - There will also be an orientation to DBT training coming out sometime in FY23.
  - Looking at also getting a Train-the-Trainer going for DBT.
  - Looking at six to eight trainers, if interested, email her at <u>BoudreauxM@michigan.gov</u>.
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- DBT Prolonged Exposure (PE) Intensive training took place March of FY22 and the DBT PE protocol came out which is different than PE.
  - It has components that are very similar to PE, but it is very specific to how it is integrated into DBT.
  - Two cohorts will be offered this FY23.
  - Consultation will be offered twice monthly with cohort.

### e. Motivational Interviewing (MI) - Michelle Boudreaux

MI Foundational Cohorts (for individuals who are newer to MI) and MI College (offers specialized MI, advanced for supervisors and organizations)

- Looking at doing more training with agencies evidencebased practices with MI and offering one with MI and Diversity, Equity, and Inclusion (DEI).
- MI Train-the Trainor cohort started in November.
- MI MIFAST development tool is being finished up.
  - Michelle is planning to reach out to CMHs to see who would be interested in the pilot and utilizing the MIFAST fidelity tool.
- Integrated Dual Disorder Treatment (IDDT) Michelle Boudreaux
  In February, the department is planning on getting the IDDT trainings started up and offer them every other month with a plan to add IDDT Advance training.
- Prolonged Exposure (PE) Michelle Boudreaux There is not anything scheduled for PE yet, but the department is working on that one plus some more Basic Trauma Informed trainings.
- <u>Mindfulness Cognitive Therapy Michelle Boudreaux</u> The cohorts are not listed on the training sheet handout, but she will be sending those out to the committee.
  - Fifteen individuals per training for practitioners.
- <u>Cognitive Behavioral Therapy Michelle Boudreaux</u>
  There will be some basic trainings on CBT and not sure about advanced training for FY23 but looking at adding some asynchronous trainings to the IMP website.

For more information on the trainings go to <u>www.CMHAM.org</u> and click on the Quick Link: Conferences, Trainings, and Events.

- B. Substance Use Disorder (SUD) Treatment Section Angie Smith-Butterwick
   No updates given from this section.
- C. Federal Compliance Section
- VII. <u>Trauma Sub-Committee Colleen Jasper</u> No updates given from this section.
- VIII. <u>Additional Trainings/Topics Requested by the Committee</u> Kim Batsche-McKenzie mentioned having Lisa Collins present at a future meeting on MICANS.

If you have any concerns or future agenda items, please contact Michelle Boudreaux via email @ BoudreauxM@michigan.gov.

VIII. <u>Adjourn</u> Michelle adjourned the meeting.

The next meeting is scheduled for Thursday, March 2, 2023, 1:00 – 3:00 p.m.