

**DBT Leader's Statewide Conference Call Agenda**  
*December 19, 2022*

Topic	Discussion	Follow-Up
Introductions	- Introductions were made	
Mindfulness	- Gwen led mindfulness	
Introduction: Holly Cranmer-Fosdick, Mary Ludtke Bureau of Children's Coordinated Health Policy and Supports	- Holly gave the group information on what they are doing regarding DBT and Adolescent Collaboration. - Someone from their section will start attending meetings.	
MIFAST Update	Discussion of potential site visits, need for TA. - No cost for consultation.	- Julie asked everyone interested to put a request in the chat.
Update on Trainings (Foundational Trainings for FY 2023)	- DBT Foundational trainings are Feb 13 – 17, May 8 -12, and Sept 11- 15. - Gwen and Julie will be doing the virtual trainings. - See <a href="#">Conferences &amp; Training • CMHAM - Community Mental Health Association of Michigan</a> for an application and registration. - You will need a team mentor with at least a year of experience and be a team for over one year. - Training may be limited to three people from each team if the training meets participant capacity.	If you have any questions, please contact Gwen at <a href="mailto:gabney-cunningham@behavioraltech.org">gabney-cunningham@behavioraltech.org</a> or Michelle Boudreaux at <a href="mailto:BoudreauxM@michigan.gov">BoudreauxM@michigan.gov</a> .

	<ul style="list-style-type: none"> <li>- There will be a lot of homework and they will have four months to complete it.</li> <li>- The Skills Training Manual for Treating Borderline Personality Disorder by Marsha Linehan, DBT Skills Training Manual, 2<sup>nd</sup> Edition, and DBT Skills Training Handouts and Worksheets, 2<sup>nd</sup> Edition by Marsha Linehan are the books that will be provided based on available funding, and it is recommended that they start reading the texts ahead of time.</li> <li>- DBT consultation will be offered twice a month to support completion of homework and fidelity to the model. The consultation group is voluntary.</li> </ul>	
DBT Summit	<ul style="list-style-type: none"> <li>- <b><u>Summit feedback</u></b></li> <li>- Six people were able to attend</li> <li>- Would like to see more advanced topics.</li> <li>- What a DBT team lead looks like.</li> <li>- Adding adolescent with DBT. –</li> <li>- The speaker was wonderful!</li> </ul>	<ul style="list-style-type: none"> <li>- Julie mentioned maybe next year a team doing a training for the Summit and will be adding advanced topics.</li> <li>- Holly will talk to Mary Ludtke about adolescent DBT</li> </ul>
Improvingmipractices.org Website	No new information.	
Resource/Idea Sharing	<ul style="list-style-type: none"> <li>- Stephany shared an issue with her team and agency.</li> </ul>	Gwen put her email in chat and will work with Stephany.

DBT Individual Team Report	- Teams reports given.	
Education	- The group talked about DBT in the schools. - Dan shared the link DBTinschools.com	
Next Meeting March 6, 2023 10-11:30		