

Mental Health Services to Children and Families has focused on implementation of evidence based and evidence informed models in the past 15 years.

1. Children's Trauma Initiative

- Trauma Focused Cognitive Behavioral Therapy—Cohorts in progress, new cohort for TFCBT started in October.
- Child Parent Psychotherapy—New 18-month cohort started in August, 2021.
- Caregiver Education cohort began in the spring of 2022.
- Exploring the addition of a new evidence-based model for children who have experienced trauma.
- If you would like further information, contact Amy Cowper (cowper@ceicmh.org).

2. SED/NDD -- Fetal Alcohol Spectrum Disorder Initiative

- Families Moving Forward—current cohort in progress; making plans for the next cohort in fall of 2022.
- Children's Friendship Training—Training in this evidence-based practice for adolescents who have or are suspected of having FASD is planned for summer of FY22.
- For further information, contact Kathy Fitzpatrick (FitzpatrickK@michigan.gov).

3. Motivational Interviewing for Adolescents

MI-A Learning Collaborative is currently underway and additional Learning Collaborative will begin in late summer. For further information, contact Kathy Fitzpatrick.

4. Parent Management Training-Oregon (PMTO) & Parenting Through Change (PTC)

- PMTO Learning Collaborative is currently underway.
- PTC (group model) Learning Collaborative has just concluded.
- New PMTO Learning Collaborative will begin in the fall.
- If you need further information, please contact Luann Gray (lgray@iskzoo.org).

5. DBT for Adolescents

Cohort 2 started in September 2021. Training and coaching calls has been initiated. Cohort 1 will conclude training/coaching in January 2022. For further information, contact Amy Cowper (Cowper@ceicmh.org).

6. Infant Mental Health Home Visiting – Evaluation outcomes

The evaluators continue to develop articles for publication in peer reviewed journals of the study results. The University of Michigan evaluators and Bureau of Children's Coordinated Health Policy and Supports staff are working to have HHS (federal), Administration for Children and Families designate IMH-HV as an evidence-based home visiting model. For further information, contact Mary Ludtke.

7. Infant and Early Childhood Mental Health Consultation

- **Childcare Settings** – Consultants continue to build their caseloads due to more childcare centers opening. Fidelity monitoring is taking place and 90% of the services meet fidelity requirements.
- **Home Visiting Programs** is being launched this fiscal year. Consultants will work with specific Home Visiting models in their community and assist the home visitors to better address mental health issues of the parent(s) and/or child served.
- **A new Learning Collaborative** in this model is planned for fall, 2022. For further information, contact Mary Ludtke.

8. Michigan Healthy Transitions Project—For further information, contact Leslie Pitts

In 2018, MDHHS was awarded a five-year federal grant focusing on transition age youth/young adults ages 16-25 who have serious emotional disturbance (SED) or serious mental illness (SMI.) The Michigan Healthy Transition project (MHT) is currently being implemented in Kent and Kalamazoo Counties in collaboration with the Association for Children's Mental Health, Michigan Public Health Institute, Network 180 and Kalamazoo Community Mental Health and Substance Abuse Services. The MHT projects intends to:

- Increase the identification of transition age youth/young adults eligible for public mental health services.
- Train key providers in the **Transition to Independence Process (TIP) Model**TM; an evidence-informed practice specifically for transition age youth/young adults with SED or SMI.
- Implement the TIP ModelTM in order to increase positive outcomes for transition age youth/young adults ages 16-26 in the areas of education, employment, living situation and community life functioning.
- Incorporate the use of Transition Peer Support Specialists in the implementation of the TIP ModelTM in order to empower and support transition age youth/young adults.
- Work to improve system level outcomes for transition age youth/young adults through improving access to services, fine tuning an array of meaningful and effective services and supports and developing policies and procedures that sustain those activities.

Project data requirements:

- The project collects information via SAMHSA's National Outcome Measures tool upon entry into the program, every six months, and at discharge.
- To date the project has served 79 individuals across the two pilot sites
- The sites have provided face to face outreach to 752 youth/young adults that were not known to them
- The sites have made 592 referrals to appropriate services and community programs to help meet the immediate needs of the individuals
- There have been 7 total policy changes at either the state or local level that have been made to improve service delivery
- There have been 4 new partnerships or MOUs developed at the local level to improve coordination of care and service delivery
- The pilot sites have screened 171 youth or young adults for admittance into this service since the start of the project.

9. Treatment Foster Care-Oregon

Clinical Implementation: 14 total children have been served across 2 regions (2 youth are currently in the program, with a third entering within the week). Eight of the 12 youth that exited TFCO treatment “successfully graduated,” meaning they exited completed TFCO treatment *and* moved to lower level of care. Zero youth required a higher level of care upon exiting TFCO (no youth exited early because TFCO was not a clinical fit for their needs). 2 additional regions are preparing to begin TFCO services in early 2022.

Statewide Initiative: Overall this fiscal year, the TFCO Michigan initiative had a milestone completion rate of 92%. Statewide staffing and workforce shortages have directly impacted the TFCO initiative with regards to staffing clinical roles and recruiting Therapeutic Parents.

10. Wraparound Services

Wraparound is an established practice of coordinating services and supports for families and their children, who have a serious emotional disturbance, are involved with multiple systems and where other forms of intervention have not had successful outcomes. Wraparound is available to children/youth from birth-21 and their families involved in the Community Mental Health system and are available in every community in Michigan. For additional information, contact Heather Valentiny (ValentinyH@michigan.gov).

Required Outcome Measures for Children and Families—CAFAS, PECFAS, DECA
The FY21 summary of CAFAS/PECFAS scores (intake, exit) is being prepared and is due for release later this year. Statewide DECA results for FY21 is available.