## The Practice Improvement Steering Committee Meeting Minutes for June 2, 2022

#### **Group Members Present**

Adam Hamilton, Alena Lacey, Amy Rusch (2<sup>nd</sup> Presenter), Ambrosia Jackson, Amelia Fonger, Amy Johnson, Angela Tiberia, Angie Smith-Butterwick, Belinda Hawks, Beth Ann Meints, Brittany Pietsch, Brenda Stoneburner, Brittany Pietsch, Cathy Hart, Charlyss Ray (1<sup>st</sup> Presenter), Christine Mieloch, Collen Jasper, Ebony Reynolds, Katie Baxter, Jasmin White, Jean Pfaendtner, Jody Lewis, John Langlois, Kim Batsche-McKenzie, Laura Vredeveld, Leslie Styer, Leslie Styer, Luann Gray, Marie Jones-Watts, Mary Baukus, Michelle Boudreaux (Host), Pam Wesley-Schneider, Dr. Shawna Smith (3<sup>rd</sup> Presenter), Shirley Terlecki, Sydney Larsen, Tom Seilheimer

#### I. Welcome and Introductions

Michelle Boudreaux called the meeting to order, and introductions were made

#### II. Review of Minutes

There were no changes, revisions, or updates to the minutes from March 3, 2022, meeting

- III. <u>Division of Adult Home and Community-Based Service Updates Belinda Hawks</u>
  Belinda mentioned the Quality Improvement Council (QIC) is for any quality
  initiatives coming out of Behavioral and Physical Health and Aging Services
  Administration (BPHASA).
  - The meetings have been paused for part of the summer until the department recruits a new specialist that would head up that work
  - She hopes to have the QIC back under way by August and will be looking to come back to the committee to request and provide updates

They have a work group that started in January called Conflict Free Access and Planning Group for conflict free case management.

- The workgroup started with the intent to bring in membership that represents those served as well as providers and Community Mental Health Services Programs (CMHSP) and Prepaid Inpatient Health Plans (PIHP)
- They are at the point where they will be breaking out into family/criteria groups
- Four groups with topics within them that was collected as a basis of the work for this group
- They have a timeline of March 2023 to get this implemented

### IV. <u>Community Mental Health Association of Michigan</u> No updates

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#### V. Special Topic Presentations:

## <u>American Deafness and Rehabilitation Association (ADARA) – Charlyss Ray</u>

Charlyss attended the ADARA conference that has been going on since 1966

- It is to improve clinical excellence, but it was initially set up for vocational rehab for professionals in the deaf and deaf blind and hard of hearing world
- They have backed off on the vocational rehab in recent years and in 1989 they started having a specific conference every other year for mental health
- Treatment for post-traumatic stress disorder (PTSD) which is a counterpart to Eye Movement Desensitization and Reprocessing (EMDR)
- The keynote was an interesting one on critical race theory convergence of multi narratives in a feminist lens and done by a woman who identified as deaf, a person of color and a lesbian with a PhD. in studying this area
  - It was very interesting the people who helped mentored her through all these channels that could be quite difficult in her life
- The 2023 conference will be virtual again and for 2024 it will be in-person in Atlanta

#### Below is a list of breakout sessions that Charlyss attended

Adult Child Estrangement: Strategies for Counseling with Deaf Parents
This session was for parents who have hearing children and how they can handle having a child that disowns them for a while possibly due to shame or whatever

#### Multichannel Eye Movement Integration (MEMI)

EMDR eye movements laterally with tapping and other things which gets to breaking up the trauma experiences in the brain

- With MEMI, it is not just lateral, eye movements are done up above, down below, left and right, and reversed
- The presenter was a former professor at the Gallaudet University who made MEMI sound like it was an evidence-base practice (EBP) that had been around for years but upon further research, she found that this was not exactly true
  - She can see how this method can help with trauma getting at the brain rather than prolonged exposure or talk therapy but is still not an EBP
  - There is also an eye movement integration (EMI) which is the similar to MEMI
  - The memory will never be erased but it will be something that does not have that painful, traumatic feel and they try to associate more pleasant parts or feelings that is attached to that memory
  - It does have a lot of potential but is still considered to be a controversial area

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Warnings that Fell on Deaf Ears: A Three-Pronged Analysis of Encounters
Between Deaf Individuals and Law Enforcement

This breakout session was about studying what goes right and wrong in interactions with law enforcement

- Presented by Paul Silvasi and his study was based on a pool of 60 individuals which she felt was a small sample size
- He did come up with some interesting strategies that she has incorporated into some of her trainings

<u>Criminal Justice and the Deaf Community: Current Research & Future Needs</u>
They have been doing a film documentary on a woman, "Being Michelle" and her travails through the criminal justice system and is finally living on her own

 A lot of it had to do with miscommunication and it went from bad to worse <u>Cultural Competency: Diagnosis and Interventions for Deaf Individuals in</u> <u>Psychiatric and Jail Settings</u>

The presenter talked about competency for standing trial

- She was a sign language interpreter herself but felt that she always needed a certified interpreter to go along with her to get the exact answers
- She had a certain criterion whether someone was competent or not <u>Providing Therapeutic Interventions Deaf-Blind and Developmentally Disabled</u> <u>Individuals in Psychotherapy</u>

Deaf Community and Law Enforcement: Lessons Learned and Moving Forward The work that has been done in Rochester, New York connecting with law enforcement, and they are doing different functions with the police department working towards improving relations, understanding, and how to communicate better from both ends

<u>Promoting Culturally and Linguistically Responsive Integrated Care for Deaf,</u> Hard of Hearing and Deafblind Adults

This was about what they have done in Colorado to merge both behavioral and physical health

- A collaborative model of care is being implemented by the Colorado Daylight Partnership informed by extensive stakeholder input
- It is a partnership, and they had a grant for working on designing integrated initiatives
- They have a health navigator, a deaf licensed social worker, a crisis stabilization unit, and have worked with the health plans

<u>Surviving and Thriving in a Semi-Virtual Workplace: Tips for Providing Training</u>

Due to COVID-19 and adapting to the virtual world

#### Mental Health Improvement through Community Colleges (MHICC)/ University of Michigan Medicaid Match Projects by Dr. Smith and Amy Rusch

Amy did a PowerPoint presentation on MHICC for the committee

 The committee will be sent out the slides and stakeholder information after the meeting

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#### VI. Evidence-Based Practices and PISC Subcommittee Updates

# <u>Bureau of Children's Coordinated Health Policy and Supports – Division of Program and Grant Development and Quality Monitoring – Kim Batche-</u> McKenzie

- A. Evidence-Based and Evidence-Informed Practices for children, youth and families
  - a. Kim provided an update to the committee, please see the handout
    - The items on the handout that are highlighted, were not updated for June for those programs
  - b. There has been a learning collaborative added for Trauma Focused Cognitive Behavioral Therapy (TFCBT) due to the number of agency/providers requesting training
  - c. Infant Mental Health Home Visiting collaborative will begin in the 2<sup>nd</sup> quarter of fiscal year (FY) 23
    - No dates have been identified yet but she will update the committee
  - d. The Children's Friendship training is a new EBP and will be launched this year with their Fetal Alcohol Syndrome Disorder and Neurology Developmental Initiative

## <u>Bureau of Community Based Services - Division of Adult Home and Community Based Services</u>

- A. Community-Based Practices and Innovation (CPI) Section -Evidence-Based and Evidence-Informed Practices for Adults
  - a. <u>New Community Practice and Innovation Employee Ambrosia</u>
    <u>Jackson</u>
    - Ambrosia Jackson, Behavioral Health Specialist for the CPI Section of the Michigan Department of Health and Human Services (MDHHS) introduced herself to the committee
    - ii. She will be handling the oversight of the Improving Michigan Practices (IMP) (ImprovingMIPractices.org) website.
    - The site is for all publicly funded healthcare providers so they can go on to the site and get free continuing educational credits (CEUs/MCBAP)
    - iv. Keep their skills up to date for the majority of the evidencebased practices (EBP) that MDHHS supports in our state
    - v. In addition to that, she will be helping out with grant projects in the state
    - vi. Ambrosia can be contacted via email at JacksonA59@michigan.gov

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- b. <u>Level of Care Utilization System (LOCUS) Update by Jasmin White</u> Jasmin provided a handout for the committee on a departmental memo on LOCUS MIFAST visits
  - i. There is consultation available before a MIFAST visit
  - ii. Please send inquires to MDHHS-MIFAST@michigan.gov
- c. <u>Upcoming Trainings Michelle Boudreaux</u>

Michelle informed the committee about multiple Co-Occurring (COD)/ Integrated Dual Disorder Treatment (IDDT) trainings and to check them out at <u>CMHAM</u>.org as well as the trainings listed below

<u>June 28, 2022</u>, Assertive Community Treatment (ACT) 201 for Certified Peer Support Specialist (CPSS) on Trauma-Informed Care <u>July 19, 2022</u>, ACT 201 for CPSS on Ethics and Boundaries <u>August 18, 2022</u>, ACT 201 for CPSS on Recovery Focused and Empowered Language

September 14, 2022, ACT 201 for CPSS on Role of a Peer on an ACT Team

<u>July 15, 2022</u>, ACT 101 (in-person) – this training is sold out <u>September 18 & 19, 2022</u>, ACT 101 (in-person) training there are still spots available

September 9, 2022, ACT 201 for ACT RNs training

<u>June 14, 2022</u>, Family Psychoeducation (FPE) Learning Community training & another in August

<u>July 20 & 27, 2022,</u> FPE Basic training – 2-day training divided up into 2 morning sessions 8-noon

<u>August 1 - 5, 2022</u>, Dialectical Behavior Therapy (DBT) Foundational 5-Day training

- Homework requirements prior to the training and a supervisor needs to sign off
- If you need help, please email Michelle Boudreaux at <u>BoudreauxM@michigan.gov</u>

<u>July 21 & 28, 2022</u>, Mindfulness trainings – 2 trainings - *not yet* posted

<u>August 8 – 12, 2022</u>, Intensive Mindfulness Cognitive Therapy training

<u>June 30, 2022</u>, Engagement Through Trauma Informed Care \* <u>July 14 & 15, 18 & 19 2022</u>, Prolonged Exposure for COD 4-day training – *not yet posted* 

<u>September 18 – 20, 2022</u>, Save the Date -  $23^{rd}$  Annual Substance Use Disorder (SUD) and COD Conference

Brenda mentioned there are monthly FPE consultation calls with Stephanie Lange

 If interested, please contact Brenda Stoneburner via email at StoneburnerB@michigan.gov

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- B. Substance Use Disorder (SUD) Treatment Section
  - a. For Trauma informed practices, they are engaging a trainer for a general webinar for the SUD/COD field with additional training opportunities around neuroscience and creating resilient communities
  - b. Partnering with Michelle Boudreaux to do some Motivational Interviewing (MI) trainings for SMI with COD and SUD providers
  - c. Working on applications for the State Opioid Response and a Partnership for Success grants
- C. Federal Compliance Section No updates given
- VI. <u>Trauma Sub-Committee Colleen Jasper</u>
  If you are interested in being on the committee, please contact Colleen via email at <u>JasperC@michigan.gov</u>
- VII. <u>Additional Trainings/Topics Requested by the Committee</u>
  If you have any concerns or future agenda items, please contact Michelle Boudreaux via email @ <u>BoudreauxM@michigan.gov</u>
- VIII. <u>Adjourn</u>
  Michelle adjourned the meeting

Next meeting scheduled for Thursday, September 1, 2022, 1:00 – 3:00 p.m.