

Co-occurring Disorders (COD) Leadership Committee Statewide Meeting May 19, 2022

Meeting Participants: Ambrosia Jackson (MDHHS), Anastasia Miliadi (Bay Arenac CMH/Region 4), Angie Smith-Butterwick (MDHHS), Ben Barrett (HealthWest/Region 3), Brittany Pietsch (NorthCare/Region 1), Carrie Chanter (Genesee Health Systems/Region 10), Deb Willard (CEI CMH/Region 5), Deana Mason (CMH Central MI/Region 5), Ebony Reynolds (Detroit-Wayne/Region 7), Ecole Barrow (MDHHS), Karen Amon (BABHA/Region 5), Kelsey Quigley (HealthWest/Region 3), Lorianne Fall (MDHHS), Mary Baukus (Saginaw County CHMA/Region 5, Region), Matina Fabian (Region 7), Michelle Boudreaux - Chair (MDHHS), Nicole Gabriel (Macomb County/Region 9), Steve Batson (Trauma Informed Care/IDDT MIFAST Contractor)

Welcome and Introductions

Welcome and introductions were made

Review of Previous Minutes – Go to www.improvingMIpractices.org

MDHHS Updates

New Community Practice and Innovation Employee - Ambrosia Jackson

Ambrosia Jackson, Behavioral Health Specialist for the Community, Practices, and Innovation (CPI) Section of the Michigan Department of Health and Human Services (MDHHS) introduced herself to the committee. She will be handling the oversight of the Improving Michigan Practices (IMP) (ImprovingMIpractices.org) website. The site is for all publicly funded healthcare providers so they can go on to the site and get free continuing educational credits (CEUs/MCBAP). Plus, keep their skills up to date for the majority of the evidence-based practices (EBP) that MDHHS supports in our state. In addition to that, she will be helping out with grant projects in the state. Ambrosia can be contacted via email at JacksonA59@michigan.gov.

Today she wanted to see how effectual the IMP site is to individuals and respective networks, if people are using it, are there any barriers, and what kind of improvements the department can make to better utilize the tool. In the next month or so, she anticipates a survey going out to the field whether they have used the site or not, just to gather information, as it pertains to usage, gaps on the site, and usability. The information will be used to improve the site.

Upcoming Trainings – Michelle Boudreaux

Michelle Boudreaux informed the committee about the schedule being quarterly for COD trainings and the department will be adding on new ones.

May 23, 2022, Advanced Assessments – 8 spots left

June 2, 2022, Assertive Outreach/Engagement *

- *The series will start again towards the end of July and August*

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Upcoming Trainings Continued

June 30, 2022, Engagement Through Trauma Informed Care *

Coming in July, Prolonged Exposure for COD 4-day training – *not yet posted*

August 1 - 5, 2022, Dialectical Behavior Therapy (DBT) Foundational 5-Day training

- *Homework requirements prior to the training and a supervisor needs to sign off*
- *If you need help, please email Michelle Boudreaux at BoudreauxM@michigan.gov*

September 18 – 20, 2022, Save the Date - 23rd Annual Substance Use and Co-Occurring Disorder Conference

Sign up at [Community Mental Health Association of Michigan](#).

** The training will count towards ACT/IDDT training*

Technical Assistant (TA) Needs or Issues

- Fetal Alcohol Syndrome Disorder (FASD) – Kathy Fitzpatrick is the FASD specialist her email is FitzpatrickK5@michigan.gov
- FASD video on IMP website
- Evidence based practices (EBP) that Michelle handles:
 - Dialectical Behavior Therapy
 - Integrated Dual Disorder Treatment/COD
 - Assisting with some Assertive Community Treatment,
 - Oversees some of the Trauma (Trauma Informed Care, and a couple of the specific traumas)
 - Motivational Interviewing
- The department is still not doing ACT MIFAST visits yet, but the other EBP MIFAST visits are being conducted
 - For DBT fidelity visits and Michigan Fidelity Assistance Support Team (MIFAST) visits, contact Michelle Boudreaux at MDHHS-MIFAST@michigan.gov
 - You are not required to have a MIFAST visit, if you just need technical assistance or support in staffing (if we can somehow help with that)
- Quarterly Motivational Interviewing (MI) trainings are held for Basic and Advanced MI - Michelle Boudreaux noticed the Basic has been filling up and asked the committee if there was a need for more Basic MI trainings for FY22
 - It is always needed for new staff and older staff as a repeat for the basic stuff
 - With it being virtual it makes it easier as well

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- Implicit Bias Training
 - Mary Baukus shared the National Association of Social Workers (NASW) – Many Voices, One Mission: Addressing Implicit Bias and Racism in Social Work online seminar is on June 17, 2022, 9:00 a.m. – 5:30 p.m.
 - Meets implicit bias requirement and it covers all of the NASW requirements, too
 - For non-members of NASW it is \$100 for the seminar
- ARPA Grant to help with staffing needs is supposed to start July 1, 2022
 - Ben asked what the turnaround time is
 - Michelle Boudreaux will check into it and get back with him

Regional Reports

- **Region 3**
Ben Barrett (HealthWest)
 - Doing internal fidelity review and getting ready for an upcoming MIFAST visit in September
 - Staffing issues
- **Region 5**
Mary Baukus (Saginaw CMH)
 - Colleen Sproul has retired, and Jennifer Kreiner is taking her place
 - Colleen is still helping out with the transition
 - The agency changed the job title to Director of Call Services and Integrated Care and also changed the credentials
 - Jennifer is a nurse practitioner
 - She is not working with the agency full-time yet
 - Teams are still struggling with staffing especially with master's level staffing

Deb Willard (CEI)

 - Randy Estes and David Thomas will be providing technical assistance and will be doing a virtual training tomorrow afternoon
 - MILO training attended by some managers
 - More staff will be going to the training in July
 - CEI is also dealing with staffing issues/turnovers
 - ⊖ Looking forward to scheduling some MIFAST visits
- **Region 7**
Ebony Reynolds (Detroit-Wayne)
 - Staffing challenges as well
 - Trying to identify training needs and are currently taking a look at their practice guidelines and evidence-based promises and practices
 - They might be requesting some trainings for the region especially for DBT

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- **Region 10**

Carrie Chanter

- Her position was posted internally and does not know if it will be external
- She will be staying on with the agency in a different role
- They have quarterly meetings with their provide network and sharing training opportunities, and resources
- Staffing issues is a huge deal in their region
- They are in the middle of a 3-part webinar series of training by Matka, a national trainer on drug trends, for primary Genesee County
 - They have 1 more training left called Synthetics to Opioids and Street Drug Trends to the Lab: Fentanyl, Meth, etc. will be held on June 24, 2022, 8:30 - 10:30 a.m.
 - Free social work and MCBAP credits
 - They have 500 seats for each training and never came close to filling those seats
 - She will send the flyer to Michelle Boudreaux to send to the committee

Future Agenda Items

Please email any future agenda items to Michelle Boudreaux at BoudreauxM@michigan.gov

Future Meetings

August 18, 2022