**DBT Leader’s Statewide Conference Call Minutes**

*February 14, 2022*

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| Topic | Discussion | Follow-Up |
| Introductions |  |  |
| Mindfulness | -Gwen led mindfulness |  |
| MIFAST Update | -Looking at revising the fidelity tool  -One review currently scheduled |  |
| Update on Trainings | -No longer a 2 day intro  -5 day foundational training is March 16, 17, 18, 21, 22  -Another 5 day is scheduled May 15, 16, 17, 24, 25  -A third 5 day foundational is scheduled for September 19-23  -Homework is involved  -DBT team lead needs to sign off when registering  -There will be a test at the end as well  -May offer mindfulness training in the future, possibly late spring or early summer | can register at CMHAM.org |
| DBT/PE Protocol Training | -Looking at a summer training  -PE manual coming out in March |  |
| DBT Summit | -Nothing scheduled at this time | -If you have ideas/topics or suggestions, let Michelle know |
| H2019 and HBS |  | -Contact Mary Ludtke for more information [ludtkem@michigan.gov](mailto:ludtkem@michigan.gov) |
| DBT Residential Programs | -Josh is opening a residential program in late spring; email him for more information  -Gwen reported there is a residential in Indiana and an adolescent residential at Pine Rest |  |
| Improvingmipractices Website | -Nothing new |  |
| Resource/Idea Sharing | -Gwen shared information regarding a website that shows adherence to DBT | <https://www.dbtadherence.com/about-dbt-aci>  YouTube.comDBT RU |
| DBT Individual Team Report | -Individual groups shared updates |  |
| Education | -Education on support for staff and burnout | -Add to DBT Summit |
| Next Meeting | -April 11, 2022  10:00-11:30 |  |