

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

Group Members Present

Agnes Ward, Angela Tiberia (Guest), Angie Smith-Butterwick, Belinda Hawks, Brenda Stoneburner, Brittany Pietsch, Charlyss Ray, Colleen Jasper, Debra Willard, Dr. Fred Blow (Guest - Presenter), Jasmine White, Jean Pfaendtner, Jeff Brown, Jennifer Keilitz, Joe Longcor, John Langlois, Kathy Baxter, Kim Batsche-McKenzie, Laurin Jozlin, Leslie Styer, Luanne Gray, Marie Jones-Watts, Mary Baukus, Mary Ludtke, Matthew Seager, Michelle Boudreaux (Host), Moira Kean, Price Pullins, Sarah Bowman, Shirley Terlecki, Sidney Larsen, Susan Allan, Tami LeBlanc, Teresa Tokarczyk, Tom Seilheimer

I. Welcome and Introductions

Michelle Boudreaux called the meeting to order, and introductions were made

II. Review of Minutes

There were no changes, revisions, or updates to the minutes from September 2, 2021, meeting

III. Administrative Updates

PIHP CEO Meeting - Belinda Hawks

Belinda mentioned the meeting highlights covered with the PIHP and CMHSP CEOs at the PIHP CEO meeting

i. Health and Aging Services Administration (HASA)

The department has been in contact with Health and Aging Services Administration (HASA) (formerly known as MSA) with conversations around continued Medicaid enrollment during a public health emergency which is a concern to people related to continuing their Medicaid eligibility through this pandemic

- a. HASA is working on looking at the options and flexibility that are allowed through our federal authorities and they hope to contact stakeholders in both behavioral and physical health in the near future to work towards solutions that will best serve everyone transitioning to Medicaid enrollment process once the public health emergency is lifted

ii. Two other initiatives the department is pursuing:

a. Refresh of the Quality Improvement Council (QIC)

- The council has been meeting for several years and it is representing the Behavioral Health Quality improvement initiatives and the continuous quality strategy plan that the department submits to CMS
 - The plan is under review now with CMS which goes through 2023
- They just had the refresh meeting yesterday and are hoping to have reverse representation on the council with someone

The Practice Improvement Steering Committee Meeting Minutes for December 2, 2021

from the PISC committee able to represent on updates and project initiatives

- Their next meeting is February 2, 2022, from 10 a.m. to noon
- Matt Seager has a PowerPoint standardized template for sharing any updates
 - His email address is SeagerM@michigan.gov.

b. Conflict Free Case Management

- The department is looking at a kickoff meeting early next year where they have representation across the state of those providers as well as CMHSP, PIHP networks, and all stakeholders both primary and secondary
- The title is Conflict Free Access and Planning but at the federal level they call it Conflict Free Case Management
- If you are interested in further information on either meeting please contact Brenda Stoneburner via email at StoneburnerB@michigan.gov and she can link you with the proper people

In-person Meetings – Brenda Stoneburner

In-person meetings/trainings are paused until June 30, 2022, however there are some meetings and MIFAST visits that are taking place in-person however some of those are continuing with a virtual platform

- i. The CPI Section has been looking at the fourth quarter for any in-person trainings and such

Afghanistan Arrivals Update – Price Pullins

The west side, metro, and the Lansing area of the state has received quite a few Afghanistan families with the average size being 5 members with lots of children

- i. They are identifying a lot of mental health needs and there is some reaching out to CMHs for services
- ii. The department is looking at increasing the funding for translation

IV. Community Mental Health Association of Michigan

No updates

V. University of Michigan/Medicaid Match Projects

Dr. Fred Blow went through the University of Michigan Medicaid Match Projects and presented a PowerPoint on the Michigan Mental Health Integration Partnership (MIP) for Fiscal Year 22 Project Overview for the committee

VI. Evidence-Based Practices and PISC Subcommittee Updates

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

Mental Health Services to Children and Families Division

- A. Innovative Services Section - Mary Ludtke provided a handout for the committee for the children's section (see handout)
 - a. Children's Trauma Initiative – Luann Gray
 - i. Trauma Focused Cognitive Behavioral Therapy
 - ii. Child Parent Psychotherapy
 - b. Fetal Alcohol Spectrum Disorder (FASD) Initiative – Kathy Fitzpatrick
 - c. SED / NDD Families Moving Forward and Children's Friendship Training – Kathy Fitzpatrick
 - d. Motivational Interviewing for Adolescents – Luann Gray
 - e. Parent Management Training Oregon (PMTO), Parenting Through Change (PTC), and Parenting Through Change for Reunification (PTC-R) – Luann Gray
 - f. DBT for Adolescents (FY21) – Mary Ludtke
 - g. Infant Mental Health Home Visiting – Evaluation Outcomes – Mary Ludtke
 - h. Infant and Early Childhood Mental Health Consultation in Childcare Settings – Mary Ludtke
 - i. Measuring Outcomes for Children and Families-CAFAS, PECFAS, DECA – Mary Ludtke
- B. Healthy Transitions Project – Leslie Pitts
- C. Wraparound Services – Kim Batsche-McKenzie
- D. Treatment Foster Care – Oregon (TFC-O) – Kim Batsche-McKenzie

Office of Recovery Oriented Systems of Care (OROSC) – Angie Smith-Butterwick

- A. Prevention and Treatment Section

** Below is a list of the evidence-based practices (EBP) that fall under OROSC – not all EBPs are reported on*

- a. Co-occurring Disorders – No update given
 - i. Motivational Interviewing
 - ii. Seeking Safety
 - iii. TREM
 - iv. CBT
- b. Opioid Projects – No update given
 - i. Strengthening Families Project
 - ii. Project Toward No Drug Abuse
 - iii. Botvin Life Skills
 - iv. Prime for Life
 - v. Medication Assisted Recovery Services
 - vi. DBT
 - vii. Mindfulness
 - viii. Acudetox/NADA Protocol

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

- ix. Project Alcohol & Substance Abuse Services, Education & Referral to Treatment (ASSERT)
- c. Other Experience-based Projects (EBP) – No update given
 - i. Beyond Trauma
 - ii. Healing Trauma
 - iii. Adolescent-Community Reinforcement
 - iv. TF-CBT
- B. Drop-in Centers – No update given
- C. Peer Services – No update given

Division of Quality Management and Planning (QMP)

- A. Community Practices and Innovation (CPI) Section – Michelle Boudreaux
The ACT and IDDT MIFAST visits are still on hold however if you need any technical assistance or support to reach out via email to MDHHS-MIFAST@michigan.gov
 - a. Assertive Community Treatment (ACT) – Michelle Boudreaux
MIFAST visits are still paused for now
 - b. Behavior Supports – Price Pullins
No update given
 - c. Co-occurring Disorders (COD) – Michelle Boudreaux
Michelle is looking at developing an IDDT training series with the MIFAST COD team and it will be a combination of basic IDDT and advanced trainings
 - i. There will be advanced trainings with more specific topics and hoping to provide it at an increased frequency than last year
 - ii. Once they get it developed the hope is the trainings will start in January for initial new staff and those that are annual
 - d. Deaf Blind and Hard of Hearing (DBHH) – Charlyss Ray
Charlyss plans on doing a Deaf, Blind and Hard of Hearing and law enforcement training
 - i. Doing a panel with a couple of officers from Norton Shores and Ottawa County Sheriff's Department with a back and forth exchange of what is most important to them
 - e. Dialectical Behavioral Therapy (DBT) – Michelle Boudreaux
The department is in the process of working on getting a new DBT comprehensive trainer as the old trainer is not available to do any trainings this fiscal year
 - i. She is hoping to have an update on trainings in a few months
 - ii. They are also in the process of looking at what types of advanced DBT trainings the department can offer
 - f. Family Psychoeducation (FPE) – Brenda Stoneburner
Brenda indicated they will not be doing any advanced FPE training this year, but they are focusing more on basic training, quarterly learning communities, and monthly coaching sessions

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

- i. If you are interested in implementing and getting an FPE at your agency to contact her at StoneburnerB@michigan.gov
 - a. She can reach out to the project lead and at least get your agency involved with coaching sessions to get you more involved with FPE to decide if you want to do it
- g. Improving MI Practices (IMP) www.improvingMIpractices.org – Brenda Stoneburner
 - i. They are looking at updating courses on the site and developing new courses more on basic training with quick 15-20 minute trainings and breaking them up into different segments which would help supervisors with new staff entering the field
 - ii. Looking at getting feedback from the committee on your thoughts/ideas on what trainings that would be most helpful
 - a. Please email Michelle Boudreaux at BoudreauxM@michigan.gov or Brenda at StoneburnerB@michigan.gov
- h. Level of Care Utilization System (LOCUS) – Jean Pfaendtner and Jasmin White

Jean provided a handout for LOCUS updates, project coordinator activities, and training that she went over with the committee
- i. Motivational Interviewing (MI) – Michelle Boudreaux

CMHAM just posted MI Basic, Advanced, a new 2-day Supervisor, and Train-the-Trainer trainings on their website that are going to be starting in January and then those trainings will be offered quarterly

 - i. In the late spring, the department will be offering some specialty MI training more specific on focused areas using MI and other EBPs
- j. Psychosocial Rehabilitation – Marty Alward

The applications have been received for the scholarships for a lot of the Clubhouse trainings as well as assistance with accreditation for the fiscal year

 - i. There is a pause on the training until the department hears back from Clubhouse International
 - a. The administration has paused all in-person trainings through June 30, 2022, so they are checking on virtual options for the trainings then the department will make decisions based on that and on who would receive those trainings
 - ii. The accreditation support is moving forward with Marty and Lorianne working to get those award letters out to Clubhouses that were successful in their applications for support with accreditation
- k. Services to Older Adults (OA) – Charlyss Ray

Charlyss does not know if they will be having the Mental Health and Aging conference this year that they were hoping to have in-person

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

- i. The department had to cancel with Dr. Blow with something on substance disorders and the boomer generation because they did not want to do it virtually
- I. Supported Employment – Joe Longcor
Currently there are 23 recognized sites that provide the Individual Placement and Support Model
 - i. In the most recent quarter, 1,500 – 1,600 individuals are being supported by the model each quarter
 - ii. Of those individuals, about 42 percent are employed at some level ranging from many hours per week to less hours with the average being 15 – 16 hours per week
 - iii. Michelle and Joe plan on doing a cross training with introducing MI to help the staff that are doing that work and he will be tracking and seeing in evidence that it makes a difference in change and in the individual site's successes
 - iv. All of the sites expect to have an in-person fidelity report this year and will be contacted by the MIFAST team
 - v. Outreach continues as they do Basic 101, Job Development, and Supervisor's training which he hopes to include the new crosswalk training with MI services
- m. Trauma MIFAST and Prolonged Exposure - Michelle Boudreaux
They just completed prolonged exposure training with the primary focus on Oakland County and other CMHs that had already had the training but needed the new staff to get trained as well
 - i. Now they are exploring their next focus as far as prolonged exposure and once the department figures that part out they will be sending out invitations
 - ii. There are already some trauma MIFAST visits scheduled for FY22
 - iii. Looking at adding some trauma informed care training sessions which are currently in development
- B. Federal Compliance Section – Belinda Hawks
No updates given

VI. Trauma Sub-Committee – Colleen Jasper

- The Trauma Sub-Committee is meeting next Monday, and they will have an update for the various items which include the children's area, adult's area, and the community initiatives from the CMHs that are represented
- i. They have been working on a survey for the field on finding out the depth of implementation of trauma for care which includes trauma pacific care initiatives
 - ii. They were hoping the survey would go out next year in January however, they are still working on it

The Practice Improvement Steering Committee

Meeting Minutes for December 2, 2021

VII. Questions or Other Information: Staff Shortages/Requirements of EBP Trainings for Supervisors

Is there some wiggle room from the department for a supervisor who has previously attended an EBP training to maybe not have the supervisor attend again?

- i. Certain EBP trainings do not give the department an option on supervisor involvement, and it really depends on the EBP
- ii. If the department could identify which trainings require a supervisor and which do allow options
- iii. Smaller CMHs are limited on supervisors which prevents them from providing various EBPs
- iv. Requests to consider allowing senior clinicians/team leads to attend in place of supervisor with clear monitoring and accountability

VIII. Adjourn

Michelle adjourned the meeting

Next meeting scheduled for Thursday, March 3, 2022, 1:00 – 3:00 p.m.