<u>Group Members Present</u>: Angie Smith-Butterwick, Belinda Hawks, Brenda Stoneburner (Host), Cathy Hart, Charlyss Ray, Debra Willard, Jasmine White, Jean Pfaendtner, Jennifer Keilitz, Joanie Blamer, Jody Lewis, Joe Longcor, Josh Schneider, Kim Batsche-McKenzie, Leslie Garrisi, Leslie Pitts, Luanne Gray, Mary Baukus, Mary Ludtke, Michelle Boudreaux, Price Pullins, Sarah Bowman, Shirley Terlecki, Sidney Larsen, Susan Allan

- I. Welcome and Introductions Brenda called the meeting to order, and introductions were made
- II. <u>Review of Minutes</u> There were no changes, revisions, or updates to the minutes from the March 4, 2021 meeting

### III. Administrative Updates

New Evidence-base Specialist – Brenda Stoneburner

Brenda introduced Michelle Boudreaux, Community Practices and Innovation's new evidence-based specialist

- She will be facilitating future meetings for this group
- Michelle introduced herself to the group
- Let her know on EBPs if there is a need so she knows and can focus her needs and resources

#### Working Remotely – Brenda Stoneburner

MDHHS and Central staff of BHDDA continue working remotely until July 12th

- Starting July 12<sup>th</sup> there will be a phased in return to work and that will vary for each individual
- Some individuals will be returning full-time or have a hybrid schedule

#### Virtual Training - Brenda Stoneburner

MDHHS will continue to do all trainings virtually through the fiscal year (September 30,2021) but could still be the calendar year depending on the rollout and how the phased in return to work goes as well

#### QMP Updates - Belinda Hawks

The department has been holding weekly calls with the PHIPs and CMHs

- The calls focused on: COVID response; issues raised related to the pandemic; Behavioral Health Drug Courts; both clinical and direct care of worker shortages
- They have had several meetings to strategize ways to support and emphasize the importance of the work that they do
- There have been a few of internal meetings also Allen Jansen met with Elizabeth Hertel and Dr. Khaldun to talk about ways to addressing these concerns and workforce crisis
- They have short and long term drafted plans that are being reviewed by senior leadership for consideration and development of an action plan going forward
- Stay tuned for updates regarding action plan and funding options that maybe available at the federal and state level

### Family and Children's Section Update - Mary Ludtke

Tina Jones joined their division in May as their new mental health coordinator and will be handling issues within the children's area, mental health plus program and policy issues

Office of Recovery Oriented Systems of Care (OROSC) Update - Angie Butterwick-Smith

Supplement Application - OROSC is working on their supplemental application for the American Rescue Program Act (ARPA) block grant funds from SAMHSA on the substance use disorders (SUD)

- OROSC wants the PIHPs to identify some targets plus funding and will have a meeting with them in the upcoming weeks
- That funding will start on September 1<sup>st</sup> and run through September 30, 2025
- Brenda also mentioned there are funds on the mental health side for the American Rescue Program Act, too, with internal and division discussions around areas to focus and prioritize on these funds
- Belinda said there is also a ten percent for HCBS enhancement through ARPA funds and the department is looking at all 3 as far as leveraging that funding go forward

#### IV. Community Mental Health Association of Michigan (CMHAM) – No update given

### V. <u>Special Topic Presentation: Discussion of 2020 EBP Survey Results and Future Planning</u> –

Brenda Stoneburner & Michelle Boudreaux

The evidence-based practice (EBP) survey went out to the PIHP and CMHSP directors back in November 2019

- The responses came back early to mid-December of 2019: 70 percent response rate received by CMHSPs with each region represented
- They were looking at other EBPs that were currently implemented; not currently implemented but was in the past; interested in implementing; and other EBPs that were not listed but widely spread across Michigan that could be implemented
- The department did up a summary of that survey and sent it out with the meeting appointment and in the meeting reminder email
- Brenda went through the summary sheet with the committee
- Due to the pandemic, this was put on hold and the department would like to take a look at the EBPs to start prioritizing them for FY22
  - We are looking at 2 but no more than 3 to start implementing and providing training on these EBPs around the state
  - Brenda asked the committee to look at the summary and to provide any new EBPs or possibly some that were missing from the list
  - Would it be worthwhile to redo the survey in terms of EBPs within the last year that were implemented
    - Safety Care Training
    - Mindfulness practices
    - Health related EBPs
    - Moral Reconation Therapy
    - Mary mentioned the trauma survey that is going out and that would be a good source to look at for trauma focused interventions and EBPs
  - Due to the instability of the post pandemic period for networks and across the state, the department can always redo the survey in 1 - 2 years
  - Brenda asked the PISC members to take a look at the survey and let us know if there are any other EBPs that they are interested in implementing first and email to Michelle at BoudreauxM@michigan.gov
    - > At the next PISC meeting, we can look at any new ones

#### VI. Evidence-Based Practices and PISC Subcommittee Updates

#### Mental Health Services to Children and Families Division

- A. <u>Innovative Services Section</u>
  - a. Children's Trauma Initiative Luann Gray
    - i. Trauma Focused Cognitive Behavioral Therapy No update given
    - ii. Child Parent Psychotherapy The latest cohort is out for people to apply
  - b. <u>Fetal Alcohol Spectrum Disorder (FASD) Initiative</u> Kathy Fitzpatrick No update given
  - c. <u>SED / NDD Families Moving Forward and Children's Friendship Training</u> Kathy Fitzpatrick
    - No update given
  - d. <u>Motivational Interviewing for Adolescents</u> Luann Gray There is a cohort starting
  - e. Parent Management Training Oregon (PMTO), Parenting Through Change (PTC), and Parenting Through Change for Reunification (PTC-R) Luann Gray
    - i. PTMO Everything is virtual, and trainings are individual and in group format

- They are currently in the 2<sup>nd</sup> round of training and are finding that folks are able to complete the training quicker since it is virtual
- > The state coaches now carry the clinicians all the way until their first coaching and then they are handed off to the local coach
- ii. They will be participating in the virtual Global PMTO Conference on 6/16
- iii. No time out vs. time away they are using the Time Away model (Mary to set up a meeting with Price, Jody and LuAnn to discuss this at a later time)
- f. DBT for Adolescents (FY21) Mary Ludtke

DBT for adolescence cohort 1 has started and for cohort 2 there are applications out for that, and they are planning cohort 3 to start the next fiscal year

- g. <u>Infant Mental Health Home Visiting Evaluation Outcomes Mary Ludtke</u> No update provided
- h. <u>Infant and Early Childhood Mental Health Consultation in Childcare Settings</u> Mary Ludtke

The first learning collaborative started in March and have plans for the next one to start in the next fiscal year plus they are expanding their consultation for early childhood in to home visits with support from the public health administration funds

- Measuring Outcomes for Children and Families-CAFAS, PECFAS, DECA Mary Ludtke No update given
- B. Healthy Transitions Project Leslie Pitts

Starting in November, they are adding a few more sites with block grant funds

- C. Wraparound Services Kim Batsche-McKenzie
  - They are still looking to hire a wraparound specialist at the state level and that position has been posted now for the third time
- D. <u>Treatment Foster Care Oregon</u> (TFC-O) Kim Batsche-McKenzie
   They are partnering with Wayne State University and they are working with them to provide
   Treatment Foster Care Oregon which is a treatment based practice
  - a. Currently in 4 CMHs: 3 with Wayne State; and 1 with a block grant funded site
  - b. TFC-O provides the Medicaid services for children's therapeutic foster care for youth that are involved in the SUD waiver
  - c. The outcomes are superb with CMHs becoming child placing agencies because they are licensing their own therapeutic (foster) homes
  - d. TFC-O is meant to be a mental health Medicaid treatment service rather than just a placement
  - e. Please contact Kim at <u>Batsche-McKenzieK@michigan.gov</u> with any further questions about TFC-O

#### Office of Recovery Oriented Systems of Care (OROSC) - Angie Smith-Butterwick

- A. Prevention and Treatment Section
  - Pregnant and Parenting Women (PPW-PLT) No update given
  - ➤ Center for Substance Abuse Treatment No update given
  - Prevention Network No update given
  - Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant No update given
  - Office of Juvenile Justice and Delinquency Prevention (OJJDP) No update given
    - \* Below is a list of the evidence-based practices (EBP) that fall under OROSC not all EBPs are reported on
  - a. Co-occurring Disorders No update given
    - i. Motivational Interviewing
    - ii. Seeking Safety
    - iii. TREM
    - iv. CBT

- b. Opioid Projects No update given
  - i. Strengthening Families Project
  - ii. Project Toward No Drug Abuse
  - iii. Botvin Life Skills
  - iv. Prime for Life
  - v. Medication Assisted Recovery Services
  - vi. DBT
  - vii. Mindfulness
  - viii. Acudetox/NADA Protocol
  - ix. Project Alcohol & Substance Abuse Services, Education & Referral to Treatment (ASSERT)
- c. Other Experience-based Projects (EBP) No update given
  - i. Beyond Trauma
  - ii. Healing Trauma
  - iii. Adolescent-Community Reinforcement
- B. Drop-in Centers No update given
- C. Peer Services No update given

### **Division of Quality Management and Planning (QMP)**

- A. Community Practices and Innovation (CPI) Section Brenda Stoneburner
  Brenda wanted folks to know that most of the MIFAST teams are up and running virtually and if you are interested in a MIFAST visit please contact <a href="MDHHS-MIFAST@Michigan.gov">MDHHS-MIFAST@Michigan.gov</a>
  - a. <u>Assertive Community Treatment (ACT)</u> Alyson Rush No update given
  - b. <u>Behavior Supports</u> Price Pullins

No update given

- c. Co-occurring Disorders (COD) Michelle Boudreaux
  - They are adding a few COD videos to the Improving MI Practices (IMP)
    - i. The videos are currently being edited
- d. Deaf Blind and Hard of Hearing (DBHH) Charlyss Ray
  - They will have a question and answer session with the law enforcement people that they were training to answer important questions that they may have around DBHH folks
- e. Dialectical Behavioral Therapy (DBT) Michelle Boudreaux
  - The DBT Summit is scheduled for September 1st with a day of workshops and training
- f. Family Psychoeducation (FPE) Brenda Stoneburner No update given
- g. Improving MI Practices (IMP) www.improvingMIpractices.org Brenda Stoneburner
  Currently working with ADDIS on co-occurring disorders (COD) to reconfigure the stand
  - i. Currently the COD information is under the SUD section
- h. Level of Care Utilization System (LOCUS) Jasmin White

alone tab that was removed during the redesign of IMP

- Jasmin provided a handout for LOCUS updates, project coordinator activities, and training that she went over with the committee
- i. Motivational Interviewing (MI) Michelle Boudreaux
  - At the end of July to the beginning of August the MI College will be taking place
- j. <u>Psychosocial Rehabilitation</u> Marty Alward
  - No update given
- k. Services to Older Adults (OA) Charlyss Ray
  - i. Lansing Community College The Mental Health and Aging Project annual conference was held virtually on May 11 & 12
    - > There were 435 folks in attendance
    - Keynote speakers: Dr. Ben Mask (day 1) and Steve Wieland (day 2)

I. <u>Supported Employment</u> – Joe Longcor No update given

- m. <u>Trauma MIFAST and Prolonged Exposure</u> Michelle Boudreaux No update given
- B. Federal Compliance Section Belinda Hawks No updates given

### VI. Trauma Sub-Committee - Mary Ludtke

The Trauma Sub-Committee is looking at doing a survey as a follow-up and are looking at increasing the committee members

#### VII. Questions or Other Information

- Jean commented on continuing virtual trainings and looking at standards when developing it
- Brenda mentioned the department is in the process of looking at FY22 for the October 1<sup>st</sup> start date in terms of work plans, projects, and how we want to formulate those for the next fiscal year

#### VIII. Adjourn

Brenda adjourned the meeting

Next meeting scheduled for Thursday, September 2, 1:00 – 3:00 p.m.