## Co-occurring Disorders (COD) Leadership Committee Statewide Meeting August 19, 2021

Meeting Participants: Michelle Boudreaux (MDDHS), Anastasia Miliadi (Region 4), Brittany Pietsch (Region 1/NorthCare Network), Carrie Chanter (Region 10/Genesee Health Systems), Crystal Mosby (Region 8/Oakland County CMHA), Deb Willard (Region 5/CEI CMH), Mary Baukus (Region 5/Saginaw County CHMA), Nicole Adelman (Region 6/Community Partnership of Southeast Michigan), Ben Barret (Region 3/HealthWest), Randy Estes (Pine Rest/MDHHS MIFAST contractor

**Welcome and Introductions**: Welcome and introductions were completed.

**Review of Previous Minutes:** Go to www.improvingmipractices.org. No changes were suggested.

## **MDHHS Updates:**

<u>Working Remotely</u> – Currently MDHHS employees are working fully remotely, fully in the office or some form of hybrid.

<u>Virtual Trainings</u> – Trainings provided by MDHHS are still only offered virtually through the rest of the calendar year. Updates will be provided if this changes.

<u>Upcoming Trainings</u> – Go to cmham.org to review current trainings and/or to register.

ACT 201 Case Management/Advocates Training – current openings on Aug. 20<sup>th</sup>, 25<sup>th</sup>, and Sept. 17<sup>th</sup>.

Recovery Based COD Training - Aug. 24th

Locus Specialty Training - Aug. 24th

Stage Matched Tx for COD Needs – Aug. 31st

DBT Summit – Sept. 1st

Ethics, Substance Use Disorders, and Recipients' Rights Training – Sept. 9th

22<sup>nd</sup> Annual Substance Use and Co-Occurring Disorders Conference – Sept. 13th-16

Comprehensive DBT Training 5 Day – Sold Out – Sept. 20-24

ACT 101 Training – Sold Out – Sept. 20-22

<u>Motivational Interviewing</u>: Focus for this next fiscal year is improving competency and sustainability. A training for MI Leaders and Trainers is being provided to support improving competency, coding, and feedback. The training is on the MICA (Motivational Interviewing Competency and Assessment). The training is provided by one of the founders, Casey Jackson. This is a 5 part series that will be provided on Aug. 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup>, Sept. 10<sup>th</sup> and 27<sup>th</sup>. The training will be provided from 12:30 pm – 3:30 pm on each of these days. If interested, please e-mail Michelle Boudreaux at <u>boudreauxm@michigan.gov</u> for more information.

The Motivational Interviewing MIFAST team is looking at developing trainings regarding how MI can be utilized with other evidence-based practices.

<u>On-going Training needs for FY 22:</u> Members discussed the desire to have more Trauma, Recovery, and Empowerment Training, IDDT basic, and IDDT advanced trainings.

<u>TA Needs or Issues:</u> Shared that there has been discussion of ongoing staff shortages and requests for flexibility with expectations. Discussed that currently all MIFAST ACT/IDDT visits will be put on hold for the time being. The MIFAST ACT/IDDT will also be working on making improvements to the current process. Even though MIFAST visits are on hold, agencies/teams can still request technical assistance. Please reach out to <a href="mailto:mdhhs-mifast@michigan.gov">mdhhs-mifast@michigan.gov</a> or to <a href="mailto:boudreauxm@michigan.gov">boudreauxm@michigan.gov</a> for any TA needs.

Discussion of lacking staff that have CCS and/or CCS-development plan to provide supervision. Looking into possible individuals who have CCS and/or CCS development plan that may have interest in providing contract services for supervision for individual/groups.

## **Region Reports:**

Region 1: No new information.

Region 2: No new information.

Region 3: Ben Barret (HealthWest) – Recently completed MIFAST ACT/IDDT visit and is waiting on the outcomes.

Region 4: No new information.

Region 5: Mary Baukus (SCCMH) – Continuing to address on going staffing shortage. Deb Willard (CEI) – Had recent MIFAST ACT visit and shared that it is a pleasure working with Lena.

Region 6: Nicole Adleman (Community Partnership of Southeast Michigan) – Continuing to address staff shortages. Started proving trainings for staff regarding secondary trauma. Utilizing the Recovery Self-Assessment tool.

Region 7: No new information.

Region 8: Crystal Mosby (Oakland County CMHA) – Working on Needs Assessment RFP – Co-Occurring/MH.

Region 9: No new information.

Region 10: Carrie Chanter (Genesee Health Systems) – Continuing to work on provider panel and increasing MCBAP development plans, their MH millage passed, and ongoing focus on suicide prevention.