Handouts on Improving MI Practices Website for MDEN 2019
The Brain, Behavior, Sugar, and Food in Dementia
Michigan Department of Health and Human Services
Presenter: Shelly E. Weaverdyck, PhD
June 6, 2019 9:00 am – 12:15 pm

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# Handouts on Improving MI Practices Website for MDEN 2019

# The Brain, Behavior, Sugar, and Food in Dementia

The following handouts written by S Weaverdyck are posted on the Improving MI Practices website **http://improvingmipractices.org/** under the title and date of this MDEN meeting.

Some of these handouts are also distributed as hard copy today and have an asterisk (\*) before them. The file name of each handout is included below.

The entire Cognitive Intervention Assessment Protocol (CIAP) and the entire Cognitive Impairment Intervention Protocol (CIIP) are located in a different spot (Wiki) on the Improving MI Practices website.

Please note that all Caring Sheets are on the Improving MI Practices website and also available on the following websites: http://www.michigan.gov/mdhhs/0,5885,7-339-71550\_2941\_4868\_38495\_38498---,00.html the Michigan Department of Health and Human Services (MDHHS) website and http://www.lcc.edu/mhap the Michigan Mental Health and Aging Project (MHAP) at Lansing Community College in Lansing, Michigan website.

#### **HANDOUTS**

1. \*Handouts on Improving MI Practices Website for MDEN 2019 (HandoutFilenames.MDEN.6.5-6.2019.pdf): 5 pages

#### RESOURCES

- 2. \*Caring Sheets Currently Available: From the Michigan Department of Health and Human Services Dementia Care Series: (CaringList.Jan.2018.pdf): 1 page
- 3. \*Handouts by Shelly Weaverdyck (Handouts.SWeav.List.8.30.17.pdf): 3 pages
- 4. CIAP & CIIP Sections: Cognitive Impairment Assessment Protocol (CIAP) & Cognitive Impairment Intervention Protocol (CIIP): List of Sections (CIAP.CIIP.List.9.30.10.pdf): 3 pages
- 5. Resources: The Brain, Cognitive Impairment, & Behavior (Resour.Brain.Beh.5.12.18.pdf): 4 pages
- 6. More Resources: The Brain, Cognitive Impairment, Behavior, Dementia (MoreResour.Brain.Beh.5.14.19.pdf): 9 pages
- 7. Selected Websites on Psychological and Neurological Disorders (WebGuide.Revised.2.10.14.pdf): 4 pages (THIS HANDOUT IS NOT BY S WEAVERDYCK)

## **BRAIN & COGNITION**

- 8. Cognitive Functions and the Brain: The Healthy Brain and Cognition: Abbreviation of Caring Sheet #1 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (TheBrain.Handout.12.11.17.pdf): 2 pages
- 9. The Healthy Brain and Cognition: Caring Sheet #1 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring1.Jan.2018.pdf): 5 pages
- 10. Brain Changes and the Effects on Cognition: Caring Sheet #2 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring2.Jan.2018.pdf): 11 pages
- 11. \*Comments about the Brain (BrainComments.Handout.3.31.17.pdf): 2 pages
- 12. \*Basic Messages about Cognitive Impairment (Basic.Messages.Handout.3.31.17.pdf): 2 pages
- 13. \*The Brain and Cognitive Abilities (Curr.Mod.1.Hand.1.4.19.19.pdf): 8 pages
- 14. \*Cognitive Impairment: Five Phases of Cognitive Processing (CogImpFivePhas.3.17.10.pdf): 2 pages
- 15. \*Three Diagnostic Questions: Suggestions for a Search for the Cause of Cognitive Impairment in an Older Adult (Three.Dx.Ques.Handout.3.29.10.pdf): 2 pages

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16. Change in Cognition Questions: Suggestions for Exploring Evidence of Cognitive Change in Mental Illness (Change.Cognition.Questions.Handout.9.28.15.pdf): 1 page

#### **DEMENTIA**

- 17. Alzheimer's Disease: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #11 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring11.Jan.2018.pdf): 7 pages
- 18. Dementia with Lewy Bodies: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #12 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring12.Jan.2018.pdf): 6 pages
- 19. Frontotemporal Dementia: A Summary of Information and Intervention Suggestions with an Emphasis on Cognition: Caring Sheet #13 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring13.Jan.2018.pdf): 7 pages
- 20. Changes in Mental Illness with Dementia: Possible Changes when Someone with Mental Illness gets Dementia (Changes.Dementia.MI.8.4.17.pdf): 1 page
- 21. Changes in Intellectual and Developmental Disorders with Dementia: Possible Changes when Someone with an Intellectual/ Developmental Disorder gets Dementia (Changes.Dementia.IDD.8.10.17.pdf): 1 page

#### ASSESSMENT

- 22. \*Four Factors: Cognitive Abilities and Support Strategies (Curr.Mod.1.Hand.2.4.19.19.pdf): 1 page
- 23. Domains for Assessment & Intervention (Domains.Handout.3.19.10.pdf): 2 pages
- 24. \*Recognizing Cognitive Abilities: Suggestions for Recognizing Evidence of a Person's Cognitive Impairment & Strengths (Recognizing.Cog.Handout.6.4.10.pdf): 5 pages
- 25. \*Assessing a Person's Emotional Status: Suggestions of Questions to Ask about a Person with Cognitive Impairment (Emotions.Assess.3.20.10.pdf): 2 pages
- 26. Response to Acute Distress: Suggestions of Assessment Questions when Assisting Someone with Cognitive Impairment (Distress.Imm.Quest.Assess.Handout.3.20.10.pdf): 2 pages
- 27. Ten Questions about Behaviors: Suggestions of Questions to Ask when Consulting about Distressing Behaviors and a Person with Cognitive Impairment Consult.Ques.3.16.10.pdf): 1 page
- 28. Methods & Occasions for Assessment: Suggestions of Types and Times of Assessment for Someone with Cognitive Impairment (Methods.Occasions.Assess.Handout.3.20.10.pdf): 2 pages
- 29. Hand Dominance Criteria: Suggestions of Evidence a Person with Cognitive Impairment is Left or Right Handed (Hand.Dom.Handout.3.23.10.pdf): 1 page
- 30. Features of the Environment to Assess (Env.CIAP.Intro.Rationale, Handout, 4.25.17.pdf): 4 pages
- 31. \*Understanding Cognitive Abilities: Questions to Ask (Curr.Mod.2.Handout.4.19.19.pdf): 4 pages
- 32. \*Understanding the Environment: Questions to Ask (Curr.Mod.3.Handput.4.19.19.pdf): 6 pages
- 33. \*Understanding Communication: Questions to Ask (Curr.Mod.4.Handout.4.19.19.pdf): 7 pages
- 34. \*Understanding the Task and Daily Routines: Questions to Ask (Curr.Mod.5.Handout.3.30.19.pdf): 5 pages

#### **INTERVENTION**

- 35. \*Four Factors and Basic Concepts for Intervention: Suggestions for Assisting Someone with Cognitive Impairment (FourFactors.Concepts.Interv.Handout.3.25.10.pdf): 2 pages
- 36. \*Messages about Cognitive Intervention: Basic Messages to a Caregiver about a Person with Cognitive Impairment (Messages.CogInterv.Handout.6.4.10.pdf): 2 pages
- 37. \*Task Complexity and Intervention Model for Cognitive Impairment (Task.Complex.Model.Handout.3.19.10.pdf): 1 page

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- 38. \*Planning an Intervention for a Difficult Behavior: Suggestions for Helping Someone with Cognitive Impairment (Diff.Beh.Outline.Interv.Handout.3.21.10.pdf): 4 pages
- 39. \*Recognizing & Responding to Needs of a Person with Distressing Behaviors or Cognitive Impairment (Recog.Resp.Needs.Pain.Handout.3.24.10.pdf): 3 pages
- 40. \*Do's to Remember: Suggestions for Preventing and Responding to Distressing Behaviors with a Person with Cognitive Impairment (Dos.Remember.Handout.3.14.10.pdf): 2 pages
- 41. Vision and Hearing Interventions: Suggestions for Helping Someone with Cognitive Impairment (Sensory.Interv.Handout.3.20.10.pdf): 2 pages
- 42. \*Visual-Spatial Interventions: Suggestions for Helping Someone with Impairment in Visuospatial Functioning (Visuospatial.Interv.Handout.3.23.10.pdf): 3 pages
- 43. \*Touch: Suggestions for Touching a Person with Cognitive Impairment (Touch.Interv.Handout.3.24.10.pdf): 2 pages
- 44. Movement: Suggestions for Moving a Part of the Body of a Person with Cognitive Impairment (Movement.Interv.Handout.3.12.10.pdf): 1 page
- 45. \*Making Decisions: Suggestions for Helping a Person with Cognitive Impairment Make Decisions (Decisions.Interv.Handout.3.25.10.pdf): 2 pages
- 46. \*Simple Activities: Suggestions of Activities for an Older Person with Cognitive Impairment (Simple.Activities.Handout.3.12.10.pdf): 2 pages
- 47. Helping with Daily Tasks: Caring Sheet #14 from the Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring14.Jan.2018.pdf): 13 pages
- 48. Interventions for Persons with Right Hemispheric Brain Impairment: Suggestions for Helping Someone with Impairment in the Right Hemisphere of the Brain (R.Hemisphere.Interv.Handout.3.22.10.pdf): 2 pages
- 49. Intervention Suggestions for Frontal Lobe Impairment: Caring Sheet #19 from Michigan Department of Health and Human Services (MDHHS) Dementia Care Series: (Caring19.Jan.2018.pdf): 5 pages
- 50. \*Frontotemporal Dementia Interventions: Suggestions for Helping Someone with Frontotemporal Dementia (FTD.Interventions.Handout.3.23.16.pdf): 4 pages
- 51. \*Dementia with Lewy Bodies Interventions: Suggestions for Helping Someone with Dementia with Lewy Bodies (DLB.Interventions.Handout.3.23.16.pdf): 2 pages
- 52. \*Sharing with Others: Suggestions for Sharing Information, Support, & Intervention Ideas with Caregivers about a Person with Cognitive Impairment. (SharingInfo.Interv.Handout.4.30.10.pdf): 6 pages
- 53. Home Safety for People with Alzheimer's Disease from NIH-NIA (Home Safety for People with Alzheimer's.1.22.15.pdf): 5 pages (THIS HANDOUT IS NOT BY S WEAVERDYCK)

## **CIAP (Partial) (Cognitive Impairment Assessment Protocol)**

- 54. Introduction and Instructions for the Cognitive Impairment Assessment Protocol (CIAP) (CIAP.Intro.2.24.10.pdf): 2 pages
- 55. Cognition YN: Assessment of Cognition of a Person with Cognitive Impairment from CIAP: Yes/No Response Sheet: (CIAP.Cog.YN.9.23.09.pdf): 4 pages
- 56. Cognition 4 Pt: Assessment of Cognition Four Point Scale Response Sheet from the Cognitive Impairment Assessment Protocol (CIAP) (CIAP.Cog.4Pt.9.23.09.pdf): 4 pages
- 57. Environment YN: Assessment of the Environment of a Person with Cognitive Impairment from CIAP: Yes/No Response Sheet: (CIAP.Env.YN.9.23.09.pdf): 4 pages
- 58. Caregiver Interactions YN: Assessment of Caregiver Interactions: Yes/No Response Sheet: (AssessInstr.Careg.YN.8.21.08.pdf): 4 pages
- 59. Caregiver Interactions 4 Pt: Assessment of Caregiver Interactions: Four Point Scale Response Sheet: (AssessInstr.Careg.4Pt.8.21.08.pdf): 4 pages

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- 60. Task & Daily Routines YN: Assessment of Task and Daily Routines of a Person with Cognitive Impairment: Yes/No Response Sheet: (AssessInstr.Task.YN.1.30.09.pdf): 3 pages
- 61. Task & Daily Routines 4 Pt: Assessment of Task and Daily Routines of a Person with Cognitive Impairment: Four Point Scale Response Sheet: (AssessInstr.Task.4Pt.1.30.09.pdf): 3 pages

## **CIIP** (Partial) (Cognitive Impairment Intervention Protocol)

- 62. Cognitive Functions: Introduction and Instructions for Cognitive Functions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Cog.Intro.2.24.10.pdf): 3 pages
- 63. Executive Functions: Section III of Cognitive Functions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Cog.3.Exec.9.28.09.Outline.pdf): 14 pages
- 64. Contrast: Section I of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.1.Contrast.9.28.09.Outline.pdf): 3 pages
- 65. Patterns: Section II of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.2.Patterns.9.28.09.Outline.pdf): 2 pages
- 66. Clutter: Section III of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.3.Clutter.9.28.09.Outline.pdf): 4 pages
- 67. Cueing: Section IV of Environment from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Env.4.Cueing.9.28.09.Outline.pdf): 4 pages
- 68. Caregiver Interactions: Introduction and Instructions for Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) (CIIP.Careg.Intro.2.24.10.pdf): 3 pages
- 69. Respect: Section I of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.1.Resp.Outline.8.21.08.pdf): 3 pages
- 70. Explanation/Reassurance: Section II of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP): Balloon format: (CIIP.Careg.2.Expl.Balloon.8.21.08.pdf): 7 pages
- 71. Body Language: Section III of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (CIIP.Careg.3.BodyLang.Outline.8.21.08.pdf): 3 pages
- 72. Approach: Section IV of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.4.Approach.Outline.8.21.08.pdf): 3 pages
- 73. Observation: Section V of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.5.Observ.Outline.8.21.08.pdf): 3 pages
- 74. Distraction: Section VI of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.6.Distract.Outline.8.21.08.pdf): 2 pages
- 75. Consistency: Section VII of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.7.Consis.Outline.8.21.08.pdf): 2 pages
- 76. Characteristics: Section VIII of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.8.Charac.Outline.8.21.08.pdf): 4 pages
- 77. Organization: Section IX of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.9.Organ.Outline.8.21.08.pdf): 2 pages
- 78. Prevention: Section X of Caregiver Interactions from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Careg.10.Prevent.Outline.8.21.08.pdf): 1 page
- 79. Consistency: Section V of Task and Daily Routines from the Cognitive Impairment Intervention Protocol (CIIP) Outline format (CIIP.Task.5.Consis.8.30.08.Outline.pdf): 2 pages

# ENTIRE CIAP: Entire Cognitive Impairment Assessment Protocol (CIAP) (On Website in Wiki)

- 1. Introduction to the Cognitive Impairment Assessment Protocol (CIAP) (4.3-4.CIAP.Intro.2.13.12.pdf)
- 2. Assessment of Cognition of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats:

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## (4.5-6.CIAP.Cog.YN.4Pt.2.13.12.pdf)

- 3. Assessment of the Environment of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.7-9.CIAP.Env.YN.6PT.Instruct.2.13.12.pdf)
- 4. Assessment of Caregiver Interactions of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.10-11.CIAP.Careg.YN.4Pt.2.13.12.pdf)
- 5. Assessment of Task and Daily Routines of a Person with Cognitive Impairment from the Cognitive Impairment Assessment Protocol (CIAP): Both Y/N and rating scale formats: (4.12-13.CIAP.Task.YN.4Pt.2.13.12.pdf)

## **ENTIRE CIIP**: Entire Cognitive Impairment Intervention Protocol (CIIP) (On Website in Wiki)

- 6. Cover for the Cognitive Impairment Intervention Protocol (CIIP): (5.1.CIIP.Cover.2.13.12.pdf)
- 7. Cognitive Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.2-7.CIIP.Cog.Intro.I-V.2.13.12.pdf)
- 8. Environment Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.8-17.CIIP.Env.Intro.I-IX.2.13.12.pdf)
- 9. Caregiver Interaction Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.18-28.CIIP.Careg.Intro.I-X.2.13.12.pdf)
- 10. Task Interventions from the Cognitive Impairment Intervention Protocol (CIIP): Outline format: (5.29-35.CIIP.Task.Intro.I-VI.2.13.12.pdf)