



STATE OF MICHIGAN

GRETCHEN WHITMER
GOVERNOR

DEPARTMENT OF HEALTH AND HUMAN SERVICES
LANSING

ROBERT GORDON
DIRECTOR

M E M O R A N D U M

DATE: November 12, 2019

TO: Executive Directors of Pre-Paid Inpatient Health Plans (PIHPs)
Clinical Directors of PIHPs
Executive Directors of Community Mental Health Service Programs (CMHSPs)

FROM: Brenda Stoneburner, M.A., LPC
Manager
Community Practices and Innovation Section

SUBJECT: **Evidence Based Practices Implementation Survey**

For fiscal year 2020, the Practice Improvement Steering Committee (PISC) is requesting PIHP and CMHSP Clinical Leadership assist the Michigan Department of Health and Human Services (MDHHS) in identifying Evidence Based Practices (EBPs) and promising practices that are not currently being sponsored through the Behavioral Health and Developmental Disabilities Administration (BHDDA) Community Practices and Innovations (CPI) Section. MDHHS has periodically received requests to provide training on Cognitive Behavioral Therapy (CBT), Exposure Therapy for Anxiety Disorders, Illness Management and Recovery, and Adolescent Dialectical Behavioral Treatment (DBT). We would like to determine if there are other EBPs or promising practices that are desired by practitioners to be considered for providing supports and services for adults with serious mental illness.

Attached is a list of EBPs that are currently sponsored and available for implementation with technical support through the CPI Section and PISC. Those EBPs that have already been requested are included. Please poll your provider network, complete the attached table, as well as enter any additional EBPs not listed that you would like to see considered. **Please return no later than Tuesday, December 3, 2019** to Mark Lewis via email at LowisM@michigan.gov, with a copy to me at Stoneburnerb@michigan.gov.

For additional questions or assistance, please contact Mark Lewis via phone at (517)335-3368 or the same email noted above. Information will be compiled, summarized, and discussed at the next quarterly PISC meeting in December.

Thank you for your assistance.

Enclosure

c: Belinda Hawks
Mark Lewis