

## **PISC REPORT: Mental Health Services to Children and Families**

### **A. Innovative Services Section**

#### **1. Children's Trauma Initiative – Amy Cowper**

- Trauma Focused Cognitive Behavioral Therapy
- Child Parent Psychotherapy

*The latest Learning Collaborative for the Trauma Focused CBT will begin in April. Planning is underway for another Learning Collaborative in the late summer. Child Parent Psychotherapy Learning Collaborative is being planned for the summer of 2021. The Learning Collaboratives include training, coaching calls and pre-post-test of participants to ensure the outcomes are achieved when implemented with fidelity.*

*For information on either of the Children's Trauma Specific Models, please contact Amy Cowper, [Cowper@ceicmh.org](mailto:Cowper@ceicmh.org)*

#### **2. SED/NDD—Fetal Alcohol Spectrum Disorder Initiative —K. Fitzpatrick**

- Families Moving Forward and Children's Friendship Training

*Training in Families Moving Forward will take place in the third quarter of this fiscal year to selected CMHSPs. Ongoing coaching calls and webinars are made available to clinicians/supervisors.*

*The first cohort of Children's Friendship Training is planned for the fall of 2021 in two sites. This will be the first training offered.*

*If you have questions, please contact Kathy at [FitzpatrickK@michigan.gov](mailto:FitzpatrickK@michigan.gov)*

#### **3. Motivational Interviewing for Adolescents -- K. Fitzpatrick**

*The first Learning Collaborative for MI for Adolescents is completing their training, coaching calls. The next Learning Collaborative is being organized for the last quarter of this fiscal year. As with all of the Learning Collaboratives, data is being collected regarding the implementation of the model in CMHSPs.*

*If you have questions, please contact Kathy at [FitzpatrickK@michigan.gov](mailto:FitzpatrickK@michigan.gov)*

#### **4. Parent Management Training-Oregon (PMTO) and Parenting Through Change (PTC); Parenting Through Change – Reunification (PTC-R)—Luann Gray**

*Ongoing training opportunities are available via a 2-day introduction to PMTO. PMTO and PTC Learning Collaboratives are ongoing. Please contact Luann if you*

have questions ([lgray@kazoocmh.org](mailto:lgray@kazoocmh.org)). She and her leadership team will be able to update you on training, coaching and fidelity monitoring in the models as well as certification requirements.

**5. DBT for Adolescents – Erica Szafranski, PhD**

*The first Learning Collaborative for DBT for Adolescents began in January 2021. The second Learning Collaborative is being planned due the number of CMHSPs requesting to have clinicians/supervisors trained in this model.*

*Please contact Erica Szafranski if you have questions ([SzafranskiE@michigan.gov](mailto:SzafranskiE@michigan.gov)).*

**6. Infant Mental Health Home Visiting – Evaluation outcomes--Mary Ludtke**

*This model, implemented in the CMHSP system for almost 50 years, has been evaluated by University of Michigan based on the requirements of Michigan PA291 of 2012. Publications of the outcomes of the studies conducted are in press or in development. Results of the evaluation are very positive and provide insight into areas needing attention in the training (racial equity, etc.). In FY21, training of Michigan Trainers is taking place to ensure our ability to train CMHSPs staff in the evaluated model with focus on Infant Parent Psychotherapy.*

*Please contact Mary Ludtke for further information ([Ludtkem@michiga.gov](mailto:Ludtkem@michiga.gov)).*

**7. Infant and Early Childhood Mental Health Consultation—Mary Ludtke**

In the spring of 2021, there will be training in the Infant and Early Childhood Mental Health Consultation model. This evidence-based model is currently being provided in early care and education settings in 18 counties. This service is a Prevention Direct Service and staff providing the model need to be trained/coached in the model. Data is collected to ensure outcomes are achieved.

*Please contact Mary Ludtke for further information ([Ludtkem@michiga.gov](mailto:Ludtkem@michiga.gov)).*

**8. Measuring Outcomes for Children and Youth in the Public Mental Health System—CAFAS, PECFAS, DECA—Mary Ludtke**

Per the contract, the CAFAS, PECFAS and DECA are required to be administered upon intake, quarterly and at termination from Children's Mental Health Services. Data is available for each CMHSP and provider agency to review to ensure compliance and monitor outcomes for children served. Data is provided by MHS, Inc. and compiled by Michigan State University in an annual report. In the recent reports, CAFAS, PECFAS and DECA data show statistically significant change, pre-post-test. *Please contact Mary Ludtke for further information ([Ludtkem@michiga.gov](mailto:Ludtkem@michiga.gov)).*