

The PRACTICE IMPROVEMENT STEERING COMMITTEE

Meeting Minutes for September 3, 2020

Group Members Present: Angie Smith-Butterwick, Bob Sheehan, Brenda Stoneburner (Host), Charlyss Ray, Colleen Jasper, Debra Willard, Diane Lee, Erica Szafranski, Jasmine White, Jean Pfaendtner, Jeff Brown, Jennifer Keillitz, Jody Lewis, Joe Longcor, Julie Jones, Karen Cashen, Kathy Fitzpatrick, Kim Boulter, Leslie Pitts, LuAnn Gray, Marty Alward, Mary Baukus, Mary Ludtke, Moira Kean, Morgan VanDenBerg, Shirley Terlecki, Stephanie Wilson, Tom Seilheimer

- I. **Welcome and Introductions** – Brenda called the meeting to order and no introductions were made due to a virtual platform and a snapshot was taken of the attendees
- II. **Review of Minutes** – There were no changes, revisions, or updates to the minutes from the June 4, 2020 meeting
- III. **Administrative Updates** – Morgan VanDenBerg
 - A. Morgan provided information on Medicaid and Waiver updates
 - a. A handout was provided and will be attached to the final meeting notes
 - B. Rate Setting Workgroup and Milliman Updates
 - a. The Rate Setting workgroup has commenced
 - b. Milliman is the actuary who has partnered up with MDHHS
 - i. Pulling together a better understanding of the reported net costs for the services across the Prepaid Inpatient Health Plans (PIHPs) and the Community Mental Health Service Programs (CMHSPs)
 - ii. Currently in phase 1 with 2 workgroups: Independent Rate Model Work; and Standard Allocation Cost
 - iii. Developing a behavioral health fee schedule that looks at the service codes and modifiers used to support more consistency, unit cost of services and aligning more with national definitions plus verification on national standards of qualified providers
 1. Looking at all the opportunities and to upgrade to get the best national definitions and standards to align better service codes and get better modifiers
- IV. **Community Mental Health Association of Michigan (CMHAM)** – Bob Sheehan
 - A. Mental Health Technology Transfer Center (MHTTC) Project – Substance Abuse and Mental Health Services Administration (SAMHSA) funded projects that are cutting edge and rich in technical assistance (TA)
 - a. This project was formed to get TA out to states for evidence based programs (EBP) / clinical technology and internet technology (IT)
 - b. Refer to CMHAM weekly electronic newsletter for an entire section on MHTTC
 - c. Other regional technology transfer centers include: Great Lakes Technology Transfer Center (GLTTC); Addictions Technology Transfer Center (ATTC); Prevention Technology Transfer Center (PTTC)
 - i. All three are centered around the University of Wisconsin and CMHAM is their Michigan partner
 - d. They will be adding five resources in the coming year: Suicide Prevention 988; Youth Mental Health First Aid (YMHFA); learning communities for YMHFA; Telehealth; and cultural competencies
 - e. There are two types of MHTTCs: Core with a wide range of resources for mental health and substance abuse for adults and youth; and cultural competencies
 - f. All of this information can be found on their website at [CMHAM](#) or you can contact Bob via email at RSheehan@cmham.org
 - B. Telehealth – Since the COVID pandemic, BHDDA, CMHAM, clinical, commercial, and public health systems for physical and mental health have converted to Telehealth visits rather than the in-person visits

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- a. In March, the state changed many Medicaid service codes to allow Telehealth as an approved Medicaid service
- b. This has allowed the broadening of the telehealth services with an array of services, even though some services cannot be done through Telehealth (e.g., community living supports and personal care)
 - i. A list of available services is attached to the final meeting minutes
- c. CMHAM was asked to provide some best practices and with the MDHHS help, they formed an advisory group and a website page on telehealth
- d. MDHHS appointed Mary Ludtke and Kasi Hunziger as the BHDDA liaisons; CMHAM members, practitioners, leaders of their system, and all 4 of the major advocacy groups: ARC Michigan; NAMI Michigan; Michigan Health Association of Michigan; and Association of Children's Mental Health are members of the advisory group
 - i. Concerns raised by the advisory group include the end of telehealth; and end of phone / audio only interviews due to Health Insurance Portability and Accountability Act (HIPPA) laws
 - ii. Rural clients who have no access to broadband
 - iii. Low income families find the phone access has been their lifeline
 - iv. Concern telehealth would take over vs. face-to-face contact
- e. Health Endowment Funding – once the funding comes through the plan is to have 3 web based learning communities on: Clinical Best Practices; Technical Best Practices; and Best Business Practices
- f. There is a link on [ImprovingMIPractices](#) to the MHTTC link on the [CMHAM](#) site
- g. The MDHHS link also has a lot good information: [Michigan.gov/MDHHS](#): The Behavioral Health and Developmental Disabilities Administration (BHDDA) tab is towards the bottom of the page, then click on Coronavirus; then click on tabs for healthcare professionals
- h. If you have any ideas or anything to add please email Brenda at StoneburnerB@michigan.com

V. Other Administrative Updates

- A. LOCUS - Starting FY21 (October 1st) there will be one license for everyone in the state to do LOCUS assessments
 - a. PIHPs, in conjunction with CMHSPs and provider networks gave BHDDA a list of agencies that would be using LOCUS
 - b. BHDDA shared the list with Deerfield Solutions and they will reach out to agencies if questions
 - c. This single license will allow for unlimited assessments in the publicly funded system as well as training:
 - i. Basic LOCUS training is on their website at [LOCUSOnline.org](#)
 - ii. Anyone who has been granted access can visit for free
 - iii. They have a schedule of the trainings available
 - iv. Send an email to sales@locusonline.com to obtain an access code and let them know you are a Michigan provider and on the list; once confirmed they will email a code to you
- B. There have been various documents shared with the field:
 - a. Executive Order issued Communication 20-10 Resident Freedom of Movement and Visits with the Lifting of the Stay at Home
 - i. Guidelines for reopening
 - b. The MDHHS, Medicaid, and BHDDA created the Infectious Control Issues During Patient Close Contact Face-to-face in Behavioral Health Settings document
 - i. A phased approach to resuming standard operations for case management and other home and community based service
 - c. On the MDHHS website there is a link for COVID for more information.

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- C. The Community Practice and Innovation EBP Specialist Position – the state is still in a hiring freeze, so Mark's old position is on hold indefinitely
 - a. Brenda will continue to coordinate these projects in conjunction with contractual leads in the various project areas
 - b. Any other updates can be emailed to Lorianne Fall at FallL2@michigan.gov and she will send after the meeting

VI. Evidence-Based Practices and PISC Subcommittee Updates

Division of Quality Management and Planning (QMP)

- A. Community Practices and Innovation (CPI) Section – Brenda Stoneburner
 - a. Assertive Community Treatment (ACT) – Alyson Rush
Please see the attachment for an update
 - b. Behavior Supports
No updates given
 - c. Co-occurring Disorders (COD)
No updates given
 - i. Integrated Dual Disorder Treatment (IDDT) – No updates
 - ii. Dual Diagnosis in Community Mental Health Treatment (DDCMHT) – No updates
 - iii. Co-occurring College – No updates
 - iv. Dual Disorder Capability in Addiction Treatment (DDCAT) – No updates
 - v. Co-occurring Disorders (COD) Medication Assisted Treatment (MAT) – No updates
 - d. Deaf Blind and Hard of Hearing (DBHH) – Charlyss Ray
A 2-week art therapy session with an art therapist at DEAF Community Advocacy Network and deaf yoga with a yoga instructor who is deaf and a therapist as well was held
 - i. There were 15 trainings for law enforcement across the state that were canceled so they are doing a quick link for them with general tips until we can do an in-person training
 - 1. One of the popular questions is when an interpreter must be used vs. when they should be used
 - e. Dialectical Behavioral Therapy (DBT)
No updates given
 - f. Family Psychoeducation (FPE) – Brenda Stoneburner
No new updates
 - g. Improving MI Practices (IMP) www.improvingmi.practices.org – Alyson Rush
Please see the attachment for an update
 - h. Level of Care Utilization System (LOCUS) – Jasmin White & Jean Pfaendtner
Jasmin and Jean provided a separate document with the LOCUS updates
 - i. Motivational Interviewing (MI)
No updates given
 - j. Psychosocial Rehabilitation – Marty Alward
For FY21, they are looking at doing a virtual USA National Clubhouse Conference
 - i. A save the date flyer went out to the field
 - ii. If you have any questions or need a flyer please contact AlwardM@michigan.gov.
 - k. Services to Older Adults (OA) – Charlyss Ray
 - i. Michigan Assisted Living Association is currently holding their annual conference virtually with 36 prerecorded sessions and Brenda Roberts is doing 2 virtual seminars
 - 1. Perspectives: The Experience of Living with Young-Onset Dementia
 - 2. My Perceptions: My Reality: Sensory Changes Related to Dementia

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- 3. Folks may be able to still attend, if interested contact her at RayC7@michigan.gov
 - ii. Lansing Community College – The Mental Health and Aging Project had to cancel their annual conference in May; instead they are doing live webinars on: Autism and Aging; Substance Use Disorders and Aging; Holistic Treatment of Pain; and Helping to Make Medical and Financial Decisions
 - l. Supported Employment – Joe Longcor
 - i. There are 24 recognized sites to the model and within the last 6 months they continue to support plus / minus about 1,650 lives (605 individuals with 37.9 measured percentage of employment from the national folks for last quarter)
 - 1. Formerly as high as 43.2 percent for sites
 - ii. The IPS Summit event was held via Zoom with over 100 attendees
 - 1. There was recognition for sites that excelled
 - 2. Average wage is holding at \$11.10 an hour
 - 3. Average hours is 20
 - iii. Trying to get back to fidelity reviews and training possibly starting in January or April
 - m. Trauma MIFAST and Prolonged Exposure Therapy (PET)
No updated given
- B. Federal Compliance Section – Morgan Van
Morgan shared updates under the administrative updates - agenda item III

Mental Health Services to Children and Families Division

- A. Innovative Services Section
- a. Children's Trauma Initiative - Mary Ludtke
The 2 EBPs under this initiative are Trauma Focused Cognitive Behavioral Therapy and Child Parent Psychotherapy which were combined
 - i. A virtual EBP Conference for Children for Providers on September 16th and 17th with close to 300 RSVPs is scheduled
 - ii. Mary provided a handout
 - b. Fetal Alcohol Spectrum Disorder (FASD) Initiative – Kathy Fitzpatrick
FASD - They are continuing with cohort training for screening and assessments and teaching a few treatment models
 - i. Families Moving Forward – In 7 counties and training in 4 counties; will be expanding soon into 3 additional counties
 - 1. 2 state trainers so they can do more trainings
 - 2. FY21, looking at trainings to start in March or April dates TBD
 - ii. EBP Children's Friendship Training; a social skill for children with an FASD with a lot of support for their families
 - 1. Both the families and children go through separate weekly trainings so families can help and support the children with social skills
 - 2. The training will be scheduled for the summer of 2021
 - 3. A 2-part Introduction to FASD training with Dan Dubovsky was provided in partnership with Juvenile Justice department
 - c. Trauma Focused Cognitive Behavioral Therapy (TFCBT) - Mary Ludtke
 - i. Cohort 26 was started last July
 - ii. FY 21, Cohort 27 of TFCBT will start and all trainings, coaching calls, and data collection will be virtual
 - iii. The first 3-day training for this cohort has been changed to a virtual training following the guidelines established by the developers
 - d. Child Parent Psychotherapy - Mary Ludtke
 - i. The 18 month Child Parent Psychotherapy learning collaborative began last year and will be winding down in December of 2020

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- ii. This is a trauma specific model for birth through young children up to age 5 and their parents / caregivers
 - e. Parent Management Training Oregon (PMTO) - Luann Gray/Mary Ludtke
Mary provided a handout for Luann which included PTC and PTC-R
 - f. Parenting Through Change (PTC) – See agenda item e. located above
 - g. Parenting Through Change for Reunification (PTC-R) – See agenda item e. located above
 - h. SED / NDD Families Moving Forward and Children's Friendship Training Families Moving Forward (FY21) – Kathy Fitzpatrick
See handout
 - i. Motivational Interviewing for Adolescents (FY21) – Kathy Fitzpatrick
See handout
 - j. DBT for Adolescents (FY21) - Mary Ludtke/Erica Szafranski, Ph.D.
See handout for Erica
 - k. Infant Mental Health Home Visiting – Evaluation Outcomes – Mary Ludtke
See handout
 - l. Infant and Early Childhood Mental Health Consultation in Childcare Settings – Mary Ludtke
See handout
 - m. Measuring Outcomes for Children and Families—CAFAS, PECFAS, DECA – Mary Ludtke
See handout
- B. Healthy Transitions Grant - Leslie Pitts
See handout
- C. Wraparound Services – Justin Tate
See handout
- Office of Recovery Oriented Systems of Care (OROSC)
- A. Prevention and Treatment Section – Angie Smith-Butterwick
Angie provided a list of all the EBPs under her section and received a notice of an award letter for \$36.5 million per year for 2 years for the State Opioid Response (SOR) 2 / SOR 2020 which will begin September 30
- a. This can be used for opioid use and stimulant disorders as well.
 - b. Direct any questions to SmithA8@michigan.gov
 - i. COD
 - 1. Motivational Interviewing
 - 2. Seeking Safety
 - 3. TREM
 - 4. CBT
 - ii. Opioid Projects
 - 1. Strengthening families Project
 - 2. Project Toward No Drug Abuse
 - 3. Botvin Life Skills
 - 4. Prime for Life
 - 5. Medication Assisted Recovery Services
 - 6. DBT
 - 7. Mindfulness
 - 8. Acudetox / NADA Protocol
 - 9. Project ASSERT
 - iii. Other EBPs
 - 1. Beyond Trauma
 - 2. Healing Trauma

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- 3. Adolescent-Community Reinforcement Approach
- 4. TF-CBT

B. Drop-in Centers – Collen Jasper

The Statewide Support Group Facilitation Conference will be held virtually this year on September 17 and 18

- a. A link will be accessible through Kathy Bennett at JIMHO

C. Peer Services – Pam Werner

No update given

VI. Trauma Sub-committee – Mary Ludtke

Mary identified the national survey was delayed due to COVID and there are plans on sending it to the CMHSPs later this fall

A. The survey is a follow-up to one that was done about 5 years ago

- a. They will be looking at outcomes on EBPs
- b. Send any questions to Mary at LudtkeM@michigan.gov or to Colleen at JasperC@michigan.gov

VII. Agenda Items for Next Quarter

Mary Ludtke mentioned presentations for the Children's section and University of Michigan once they have all the data in

- A. If you have any presentations or items to discuss at the next meeting, please send an email to Brenda at StoneburnerB@michigan.gov

VIII. Brenda adjourned the meeting

Next meeting scheduled for Thursday, December 3, 2020 1:00 – 3:00 p.m.