Motivational Interviewing MiFAST Fidelity Review Tool

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Implementing Motivational Interviewing?



How is your organization implementing Motivational Interviewing?

How do you know Motivational Interviewing is working?

Why assess Motivational Interviewing fidelity?

Purpose of MI MiFAST Review

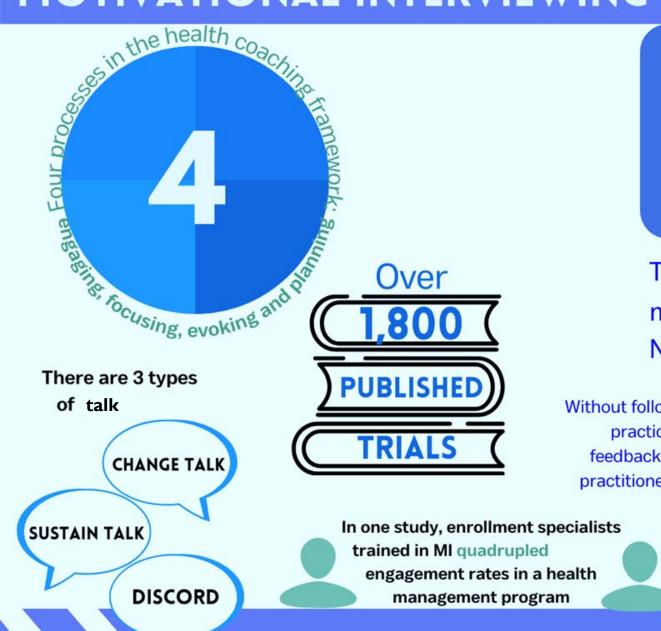
Motivational Interviewing is a particular way of talking with people about change and growth to strengthen their own motivation and commitment.

(William R. Miller, 2022)

MOTIVATIONAL INTERVIEWING ADDS UP

Michelle Drapkin, PhD, ABPP Cognitive Behavior Therapy Center CBTCenter.org





MINT has members in 43 countries, speaking 34 languages

There are currently over 1,600 members of Motivational Interviewing Network of Trainers [MINT]

Without follow-up, practice and feedback, most practitioners get

amount of proficiency in MI after attending a workshop

MI has been applied and studied for



CREDITS TO SCIENCES INSTITUTE AND THE MINT COMMUNITY FOR THE INFORMATION

MI Fidelity Tools

Subtitle

General Organizational Index (GOI)

Individualization of EBP

Program Philosophy

Eligibility/Client Identification

Penetration

Assessment

Individualized Treatment Plan

Individualized Services

Quality Improvement

Training Implementation

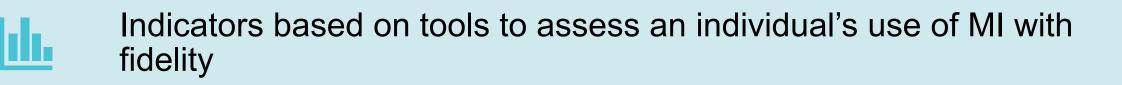
Supervision

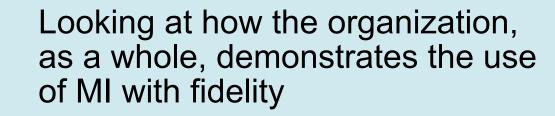
Process Monitoring

Outcome Monitoring

Quality Assurance

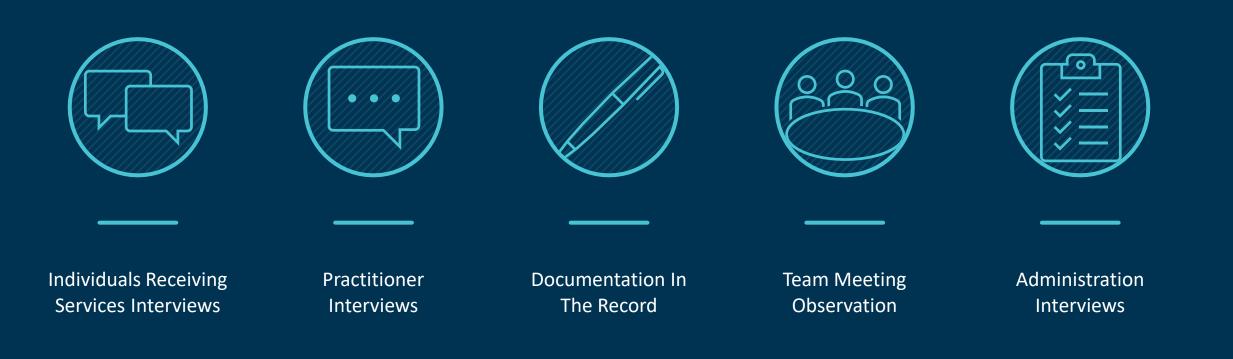
Michigan Motivational Interviewing - Indicators of Fidelity





Relational MI Skills Technical MI Skills

Sources of Information



Team Meeting Observations

Staff Interaction

- Actively participating
- Collaborating
- Supportive

Focus of Meeting

- On Task
- Solution-focused
- Integrating research

Cultural Sensitivity

- Awareness
- Responsiveness
- Strength-focused

Thank You!

MI MiFAST Workgroup:

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