

## **PRACTICE IMPROVEMENT STEERING COMMITTEE**

### **Meeting Minutes for December 6, 2018**

**Group Members Present:** Marty Alward, Karen Amon, Kim Boulier, Lindsey DeCamp, Sara Denman, Lorianne Fall, Lu Ann Gray, Colleen Jasper, Julie Jones, Jennifer Keilitz, John Langlois, Jodie Lewis, Mark Lewis, Mary Ludtke, Pam McDowell, Stephanie Orson for Nicole Lawson, Tammy Phelps, Brittany Pietsch, Price Pullins, Alyson Rush, Tom Seilheimer, Katherine White, Jasmin White, Debra Willard, Stephanie Wilson

- I. **Welcome and Introductions** – Mark Lewis called the meeting to order and introductions were made
- II. **Review of Minutes** – Minutes from the PISC 3rd quarter meeting is available on the [www.improvingMIpractices.org](http://www.improvingMIpractices.org) website
- III. **Administrative Updates**
  - A. 1115 Waiver – No new updates
  - B. Section 298 Initiatives Update – No new updates
    - a. For up-to-date information on 298 go to [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_76181---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_76181---,00.html) or to the MDHHS website and type 298 into the search box
- IV. **CMHAM Updates** – No update given
- V. **Presentations**
  - A. University of Michigan – Describe Investigate Create Evaluate (DICE) Project – Dr. Helen Kales did a PowerPoint presentation on the DICE Approach for Dementia.
    - a. The presentation will be emailed to the committee members
    - b. The DICE website will be operational sometime in January 2019
    - c. Dr. Kales will send Alyson the link to the website once it is available
- VI. **Subcommittees**
  - A. Children's Services – Fetal Alcohol Spectrum Disorder Initiative – LuAnn Gray gave updates on FY19 plans to include a general introduction to FASD 101 opening that up not only to CMHSPs but to other partner agencies who are working with children who have or are suspected of having FASD
    - a. The prevalence data from the CDC - prevalence of 1 in 20 children on a spectrum of mild-to-sever
      - i. About eighty percent of foster children are on that spectrum, too
  - B. Assertive Community Treatment – Alyson Rush gave updates on training activities for FY19
    - a. As per the Medicaid Provider Manual, Physician's Assistants became eligible to participate in providing psychiatric services to ACT consumers October 1, 2018
      - i. The Field Guide to ACT (October 2018 version) has been updated to reflect this change
    - b. A handout was provided which lists all the FY19 trainings
  - C. Family Psycho-Education – Mark Lewis provided updates for FY19 on behalf of Brenda Stoneburner
    - a. Steering Committee meetings will continue to be held quarterly
    - b. FPE Basic Training will be held April 9<sup>th</sup> and 10<sup>th</sup> in Mt. Pleasant
    - c. Learning Communities/TA events are scheduled to be held May 2<sup>nd</sup> in Mt. Pleasant and May 3<sup>rd</sup> in Marquette
    - d. FPE Advanced Training is scheduled to be held August 5<sup>th</sup> and 6<sup>th</sup> in Mt. Pleasant
    - e. Stephanie Lange, FPE Lead Trainer and Consultant, is available for TA on-site with FPE Teams

- i. If anyone is interested in scheduling this, please contact Stephanie directly or Brenda if they don't have her information
- D. Services to Older Adults – Alyson Rush updated the committee on the Older Adult project
  - a. Charlyss Ray will be transitioning into the Older Adults project
  - b. Aphasia and Stroke Related Syndromes was offered
    - i. 93% of participants reported gaining new skills and tools to implement in practice
  - c. Positive Approaches to Dementia Care was offered
    - i. 91% of participants reported gaining new skills and tools to implement in practice
  - d. Alyson provided a handout
- E. Improving MI Practices (IMP [www.improvingMIpractices.org](http://www.improvingMIpractices.org)) – Alyson Rush went over the stats for the IMP site
  - a. Significant work continues with the State Training Guidelines Workgroup and the Reciprocity Workgroup
  - b. A handout was provided
- F. Behavior Supports Committee – Price Pullins spoke on Behavioral Treatment (BT) at the Detroit Wayne Board Association with John in attendance and also at the Waiver Conference
  - a. Moving forward this year with plans for the 8 reviews
  - b. There is a lot of interest on where BT is moving, and folks were excited about it being more standardized instead of being all over the place
  - c. As result of those presentations, the Department has received 2 requests for MIFAST visits
    - i. Contact Mark Lowis is you are interested in having a BT MIFAST visit
    - ii. It is a very helpful process and is not an audit or site visit
    - iii. Let the CPI section know what kind of support, staff training, and consultation is needed
  - d. There was 1 BT training which was conducted by some of the MIFAST Reviewers
    - i. It had some good reviews
  - e. There will be another training in the third quarter
- G. Co-occurring Mental Health and Substance Abuse Treatment – Mark Lowis
  - a. Integrated Dual Disorder Treatment (IDDT) – Mark and Alyson have incorporated ACT, IDDT, and ACT/IDDT MIFAST reviews
    - i. 1<sup>st</sup> quarter MIFAST reviews have been scheduled
  - b. Dual Diagnosis in Community Mental Health Treatment (DDCMHT) – No update given
  - c. Dual Disorder Capability in Addiction Treatment (DDCAT) – No update given
  - d. Co-occurring College – No update given
  - e. IPOS - To address comorbidity, through a person-centered planning (PCP) process and using that IPOS in the treatment
    - i. To facilitate the development of an IPOS system in place through the PCP process to show up in the treatment plan in a usable way that is the part we have sort of lost
      - 1. More technical assistance will be provided for that process
    - ii. The process of development of an IPOS through the PCP process has to be a self-determination collaboration activity as well
      - 1. The Department will be rolling that out not just for COD but, across the board for everyone
    - iii. On the COD side of it, they don't really have a state MIFAST group for that, so regions are developing their own internal review process using the same strategy and SAMHSA toolkit to the degree that they are identifying and providing COD services and doing that in an effect way
- H. COD MAT – Lisa Miller gave an update on the pilot to address MI COD in Opioid Treatment Programs (OTP) because 70% of their patients have a COD
  - iv. A clinic stepped forward to run a pilot

- v. It is going really well, and they are seeing a lot of improved skills and changed attitudes
  - vi. Received a lot of great feedback from clinical staff
  - vii. Working with medical, administrative, and nursing staff as well
  - viii. Taping sessions and Mark will review tapes to provide some coaching
  - ix. Reviewing lessons learned and areas to tweak to improve future trainings
- I. Dialectical Behavioral Therapy (DBT) – Mark Lewis is planning on a FY19 DBT expansion to include both trainings in the Southeast region
- J. Drop-in Centers – Colleen Jasper gave updates on the centers
  - a. There are around 50 statewide centers
    - i. Keystone, Inc. in Kalamazoo will be closing due to CMH budget cuts
    - i. Recovery Institute will remain open
    - ii. Group in Cass County is looking to open a center
    - iii. The Horizon Circle of Friends center in Allegan will be closing
  - b. For FY19, centers are entering their 3<sup>rd</sup> year with the Health and Wellness Grant
    - i. Feedback received from centers includes utilization of grant funds and unspent monies due to reimbursement of expenses
  - c. Looking at risk management and CMH relationships
    - i. Closures
    - ii. Funds and mismanagement
    - iii. Relapse
    - iv. Clusters
      - 1. Staffing issues
      - 2. Oversight of financing
- K. Trauma Sub-committee
  - a. Training – Colleen Jasper
    - i. For FY19, there will be 2 TREM and 2 EMDR trainings held again by Community Connections
  - b. Children's Trauma Initiative – Mary Ludtke
    - i. They have 4 learning collaborative trainings for Trauma Focused Cognitive Behavioral Therapy (TFCBT)
      - 1. Starting in April, there will be a learning collaborative for TFCBT, Resource Parent/caregiver education, and screening and assessment
      - 2. Will be launching one for supervisors who have completed TFCBT and their supervisor on implementing reflective supervision
  - c. Prolonged Exposure Therapy (PET) – Mark Lewis
 

There is 4-day intensive training for clinicians

    - 1. PET is effective for trauma induced OCD
    - 2. If you are interested in the training, please contact Mark at [LowisM@michigan.gov](mailto:LowisM@michigan.gov)
- L. Trauma MIFAST – Mark Lewis mentioned the Department has already had 2 requests for MIFAST reviews
  - a. If you are interested in having a MIFAST review for your agency, please contact Mark at [LowisM@michigan.gov](mailto:LowisM@michigan.gov) or the MIFAST mailbox at [MDHHS-MIFAST@michigan.gov](mailto:MDHHS-MIFAST@michigan.gov)
- M. LOCUS – Jasmin white provided a report for FY18 yearend and FY19 plans for LOCUS
- N. Measurement UM – No update given
- O. Use of Encounter Codes – No update given
- P. Motivational Interviewing – Mark Lewis mentioned there will be a TNT part with the FY19 MI College
- Q. Parent Management Training - Oregon – LuAnn Gray
 

In February, Oakland County will be hosting a state training for individual PMTO

  - a. The 2<sup>nd</sup> week will be held in March
  - b. They have 23 candidates so far
  - c. Last Fall, they trained people in group format before individuals

- i. They had 11 groups in the state that started
      - 1. All of them have finished their 1<sup>st</sup> group and are moving onto the 2<sup>nd</sup> group of certifications
    - d. They are in partnership with MSU doing informed PMTO and working with CMHSPs to make some videos for parents to watch
  - R. PTC-R – Mary Ludtke said work continues on using the group model of child and families that are separated by foster care and how they are doing that reunification
  - S. Psychosocial Rehabilitation – Marty Alward gave updates on the Clubhouse project
    - a. Effective October 1, 2018, the Medicaid Provider Manual requires that all Clubhouses achieve and maintain Clubhouse International accreditation
      - i. Extension waivers are being issued for 6 months for those who have not achieved accreditation yet
    - b. There are 47 Michigan Clubhouses of those 35 have achieved and maintained accreditation
    - c. The International World Clubhouse is being held in Norway on September 28, 2019
    - d. Adding an additional Clubhouse in Northern Michigan in the Escanaba area
  - T. OROSC – No updates given
  - U. Supported Employment – No updates given

VI. Agenda Items for Next Quarter – None requested at this time

VII. Mark adjourned the meeting

*Next meeting scheduled for Thursday, June 6, 2019 from 9:00 a.m. - 12:00 p.m.*