





The Michigan Healthy Start Engaged Father Program



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Acknowledgements

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Dawn Scharer, Genesee WIC Program

Shon Hart, Man2Man University

Flint Fatherhood Advisory Board (FAB)



Engaged Father Program Funding

- Funding for program development pilot project:
 - MDHHS Centers for Medicare and Medicaid Services
 - Michigan Health Endowment Fund
- Current ongoing funding to support a multi-site Healthy Start fatherhood project:
 - Ingham, Kalamazoo & Genesee County Health Depts
 - Detroit Institute for Population Health
 - Inter-tribal Council of Michigan Hannahville Indian Community & Keweewnaw Bay Tribal Community in the U.P.
 - Spectrum Health Strong Beginnings Healthy Start in Grand Rapids

Genesee Engaged Father Pilot Program Successes

- Direct contact with over 100 families in Flint through home visitation, Man2Man University, and community events
- Staff training with 23 WIC staff and 19 Healthy Start staff on strategies for engaging fathers in home visitation and WIC services
- Presented at the 2017 Michigan Home Visiting Conference, Grand Rapids, MI and the HRSA Healthy Start Regional Conference in Detroit, MI
- Upcoming poster presentation at the National Healthy Start Association meeting

Engaged Father Program Activities

Overarching goal: Promote the health and wellbeing of fathers, mothers, and children in low-income Medicaid-eligible families

- Direct outreach to fathers
 - One-on-one home visitation with expecting and new fathers
 - Man2Man, 24/7 Dad, Fatherhood is Sacred, and other group-based curricula
- 2. Provide parent education to Healthy Start fathers
 - Expecting & new dad parent education packet
 - Pilot testing interactive text messaging software program
- 3. Screening and referral
 - Mental health and physical health needs assessment
 - Referral to services to increase service utilization
- 4. Healthy Start staff training on father engagement

Other program activities:

- Flint Fatherhood Advisory Board (FAB)
- Implementing best practices across Healthy Start sites in Michigan

HEALTHY START ENGAGED FATHER PROGRAM LOGIC MODEL

PROGRAM COMPONENT **PROGRAM ACTIVITIES INPUTS OUTPUTS OUTCOMES IMPACT** · Healthy Start program Fatherhood Community · Needs Assessment · # of fathers who complete ↑ Awareness of existing · Increase positive father - CHW conducts risk risk assessment and needs community resources involvement in low-income staff and outreach Health Worker (CHW) assessment, needs assessment ↑ Use of community families > > > home visitation and parent · Community Health assessment, and goal setting · # of fathers who complete resources Reduce risk factors related education · CHW refers father to goal setting Attempts to access existing to infant mortality, preterm Worker (CHW) community resources · # of fathers who receive community resources births, and low birth weight · University of Michigan community resource referrals · Promote the health and **Program Evaluation** wellbeing of Michigan's · Father-friendly "New Dad" · # of New Dad packets † Knowledge of importance of children parent education distributed by Healthy Start participating in child's health · Improve the quality of life for > - Safe sleep care and greater attendance Fatherhood grouplow-income men in Michigan - Breastfeeding · # of fathers who receive and at health visits based curricula, e.g., - Infant care review New Dad packet 24/7 Dad, Project Fatherhood Detroit, • CHW implements 3-session · Total # of home visits by ↑ Knowledge of infant health Fatherhood is Sacred tailored home visitation model CHWs and development * Knowledge of infant care · # of fathers who participate in Michigan Health ↑ Utilization of infant safe care home visits **Endowment Fund** · # of fathers who complete ↑ Fathers' quality of life 5-session model · Michigan Department of Health and Human Services Group-based peer Implement culturally relevant · # of group sessions held by ↑ Sense of support in · Federal Healthy Start curriculum, e.g., 24/7 Dad, CHWs fathering role support and community funds from the US-Dept. Responsible Fatherhood, · # of fathers who participate in ↑ Fathers' quality of life > outreach > Fatherhood is Sacred group-based sessions of Health and Human # of fatherhood community Services events planned and held MiCHWA Training Resources · Staff training on father · # of staff trainings held at ↑ Staff knowledge of Staff training and Integrate culturally relevant each performance site strategies to engage fathers and effective fatherhood engagement capacity building at each > in Healthy Start # of people who attend each programs into home performance site * Staff knowledge of the visitation programs in staff training role of fathers in child Michigan Obtain maximum fatherhood · MiCHWA training for • # of CHWs who complete the development > Fatherhood CHW ↑ Referrals to the Engaged program sustainability MiCHWA training Father program at each through the use of evaluation best practices · Statewide Healthy Start · # of statewide fatherhood performance site **Engaged Father meetings** meetings held ↑ Fatherhood CHW awareness of community · # of people who attend each fatherhood meeting health worker roles and expectations Performance sites effectively · Engaged Father Technical Technical Assistance Assistance Package Package is accessed by implement the Engaged performance sites Father program components > # of other organizations who access Technical Assistance Package

ASSUMPTIONS

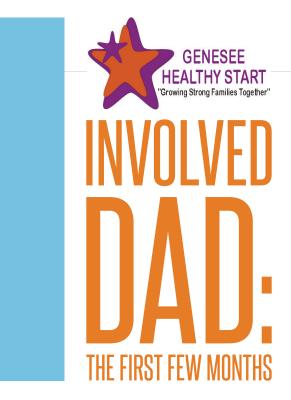
- · Fathers are a critical component of Healthy Start.
- · Efforts to engage fathers in Healthy Start services will increase maternal engagement in services.
- Positive father involvement—in Healthy Start and with mother and baby—will enhance short- and long- term maternal and infant health outcomes.
- · Target age in programs: kids up to age 2.

EXTERNAL FACTORS

- · Father engagement is a federal requirement of all Healthy Start programs.
- · Father engagement must be consistent with the Community Health Worker (CHW) model.
- Father engagement must be tailored to the cultural values held by community members.



A HEALTHY BABY BEGINS WITH YOU CALL 810-237-6161











HEALTHY START FATHERHOOD PROGRAM

My greatest wish is that my children will always know just how much I love them and for the rest of their lives will know that no matter what, I will always be there for them, any way I can.

My children are a gift, and I will treasure mine forever.

- Unknown author

HEALTHY START

Genesee County Health Department 630 S. Saginaw St. Suite 4 Flint, MI 48502

810-257-3134



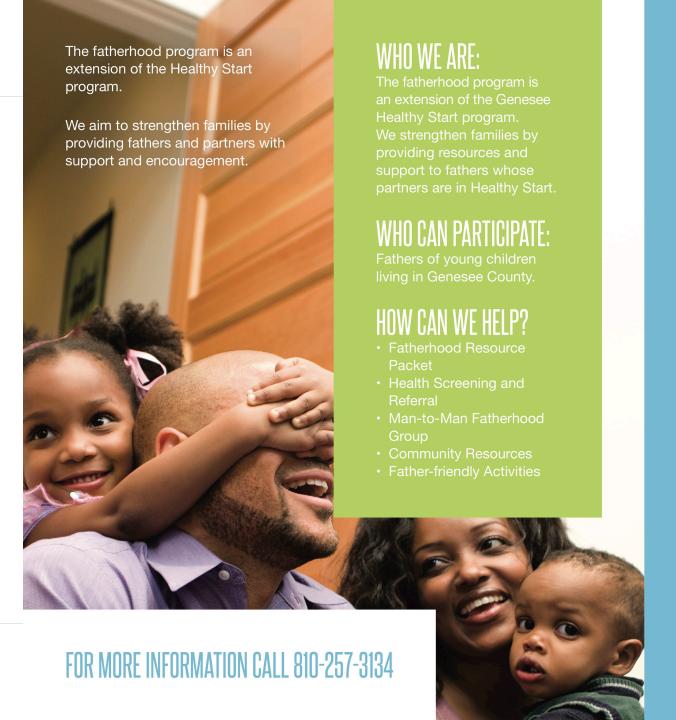
Your Health. Our Work.

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THROUGH A FATHER'S EYES





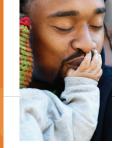
Did you know that positive father involvement contributes to child health and wellbeing? Children with involved fathers have greater success in school, fewer behavioral problems, and more self-confidence.

CONTACT YOUR HEALTHY START WORKER TO GET A FATHERHOOD RESOURCE PACKET AND MORE INFORMATION!



JUST FOR DADS! SIGN UP FOR TEXT4DAD!

Text "daddy" to 24587 to receive 2 notifications a week about things you can do with your baby!







EXAMPLE TEXTS

© 5 TO 6 MONTHS

Babies <3 music, especially when Daddy sings to them. It helps them develop language skills, soothes them when they're upset, & it makes them feel loved!

2 5 TO 6 MONTHS

Daddy Pro Tip: Daddy, here r some ideas to make ur baby laugh: funny faces, unexpected sounds, funny movements (dance moves), & nearly any other silly thing kids do.

3 7 TO 8 MONTHS

To a baby this age, parents who have been away a long time will feel like strangers & may even scare them. Try not to take it personally—it's a normal part of child development, and it just takes time & patience.



This service is free. Normal data usage rates apply. You can unenroll at any time by texting "STOP" to 24587. Questions or comments? Contact Porsha Black at Genesee Healthy Start: pblack@gchd.us or 810-257-3134.

FAST FACTS

- You have a right to request DNA testing
- You have a right to agree to who the legal father is if you are 100% certain
- You have the right to make an agreement about parenting time for your child
- You have the right to make an agreement about custody for your child
- If your child receives money for food, cash, or healthcare from the state, the state will ask for child support
- If the state cannot find you to personally give you paperwork, they can still start a case for child support. You cannot dodge a child support case.
- If your child does not get money from the state, you have a right to not have a child support order if you live together or agree that you don't want support
- You have a right to work to try to create your own order
- Both parents have a right to be in their child's life and see their child
- Both parents can ask for help from the state to create an order
- YOU CAN BE INVOLVED AND MAKE DECISIONS FOR YOUR CHILD AND FAMILY

ADAPT PROGRAM

DNA TESTING AT THE HOSPITAL

INFORMATION ABOUT THE COURT SYSTEM

CREATE YOUR OWN COURT ORDER

2 MONTHS TO COMPLETE, NOT 2 YEARS

PARENTING TIME AND CUSTODY CHILD SUPPORT

KNOW YOUR OPTIONS

Genesee County ADAPT Program

Phone: 810-232-3278

Genesee County Friend of the Court 1101 Beach St. Flint, MI 48502

What Every Parent Should Know About Becoming a Legal Parent



The Basics Of DNA,
Paternity Establishment,
Custody, Parenting Time
and Child Support

Phone: 810-232-3278









Thank You for Your Interest

Questions or comments?

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734-678-4200 or 734-763-6565

www.parentingincontext.org



Text4dad – Sample Messages

- Bonding with ur baby is a 2-way street that comes 4rm spending time together & getting 2 know each other. It means that u & ur baby will share a special closeness.
- Here are some ways to bond w/ur baby: take care of him/her; hold ur baby close; watch him sleep, & please remember the peaceful times not the fussy ones!
- Take lots of pictures w/ur baby. Why not have the picture as ur screen saver or wallpaper shot? Don't be shy show it 2 everyone & brag about ur baby s/he is awesome!