

## **PRACTICE IMPROVEMENT STEERING COMMITTEE**

### **Meeting Minutes for June 6, 2019**

**Group Members Present:** Katie Baxter, Kim Boulier, Lindsey DeCamp, Lorianne Fall, Kathy Fitzpatrick, Amelia Fonger, David Hamburg, Colleen Jasper, Julie Jones, Kym Juntti, Moira Kean, Stephanie Lange, John Langlois, Sydney Larsen, Mark Lowis, Mary Ludtke, Tracey Malin, Pam McDowell, Jean Pfaendtner, Brittany Pietsch, Tom Seilheimer, Brenda Stoneburner, Jasmin White, Debra Willard, Catherine Witherow

- I. **Welcome and Introductions** – Mark Lowis called the meeting to order and introductions were made
- II. **Review of Minutes** – Minutes from the PISC 4th quarter meeting is available on the [www.improvingMIpractices.org](http://www.improvingMIpractices.org) (IMP) website
- III. **Administrative Updates** – No update given
- IV. **CMHAM Updates** – No update given
- V. **Presentations**
  - A. **Family Psychoeducation (FPE) in Michigan** – Stephanie Lange  
Stephanie did a PowerPoint presentation on FPE and answered questions
    - a. A handout was provided
  - B. **Training Reciprocity: A Guide Towards Implementation** – Kym Juntti  
Kim did a PowerPoint presentation on Training Reciprocity and answered questions
    - a. She talked about the shortage of direct-care workers in Michigan
      - i. A discussion ensued with the committee around the shortage
    - b. Three handouts were provided
- VI. **Subcommittees**
  - A. **Children's Services – Fetal Alcohol Spectrum Disorder (FASD) Initiative** – Kathy Fitzpatrick  
They completed their cohort 2 training about 2 weeks ago
    - a. The training included a one-day Introduction to FASD; FASD Screening and Assessment; FASD Strategies; and a 5-day training on Families Moving Forward (designed for families with children who have a FASD)
      - i. Four counties trained
  - B. **Assertive Community Treatment (ACT)** – Alyson Rush  
Alyson was not able to attend however; she did provide a handout
    - a. ACT 101 held twice
    - b. ACT 201-D Day 2 held twice
    - c. The Role of the ACT RN
    - d. New Energizing Recovery-held once
    - e. NEW Improving Treatment for ACT Consumers Who Have Co-Occurring Disorders
    - f. Michigan Fidelity Assistance and Support Teams (MIFAST) process and development: Training scheduled for August 26 & 27 and November 20 & 21, 2019
      - i. An outstanding group of experienced and knowledgeable participants whose skills will enhance specific evidence-based practice teams across the state
      - ii. Day 1 - Training continues to evolve and currently included fidelity reviewers from DBT, COD, IDDT, SE/IPS and ACT for the first part of Day 1
        1. Topics included MIFAST overview, reviewer recruitment, etiquette, reviewer process, contract requirements and reimbursement, review details, resources and protocols, tools, interview prompts and specific information on the General Organizational Index and inter-rater reliability

- iii. Day 2 - Training is focused on ACT teams, ACT/IDDT teams and IDDT teams with instruction on using the MIFAST tool, and critical elements of practices
  - iv. MIFAST ACT and dual ACT/IDDT teams continue; the process continues to be examined and addressed to make smoother
  - v. Reports from ACT and dual teams who have had visits are overwhelmingly positive
- C. Family Psychoeducation (FPE) – Alyson Rush  
 Alyson was not able to attend however; she did provide a handout
  - a. Basic Facilitator training was held in April and 33 people attended
  - b. Two Learning Communities occurred
  - c. No fidelity visits have been requested or provided this year
- D. Services to Older Adults (OA) – Alyson Rush  
 Alyson was not able to attend however; she did provide a handout
  - a. Approximately 500 clinicians with a practice focused on older adults participated in the Mental Health and Aging Conference on May 14-15, 2019
  - b. The Mental Health and Aging project also sponsored 'Trauma-Informed Behavioral Health Care for Older Adults' in March.
  - c. The Department provided support to the Michigan Assisted Living Association's annual conference on May 13, 14 & 15, 2019.
  - d. Additional workforce development includes: 'Intervention Strategies for Dementia in Persons with Serious Mental Illness and Other Disorders', offered on May 21, 2019
  - e. 'Positive Approaches to Dementia Care' was delivered twice
  - f. The Michigan Dementia Education Network (MDEN) is currently holding the 21<sup>st</sup> and final meeting; the annual network meeting enhances the knowledge and skills of already experienced dementia educators
    - i. Participants are trainers and train others, in turn; additionally, they may provide consultation for difficult and complex cases
    - ii. The topic for 2019: Nutrition and Dementia: The Impact of Food on Health, Functioning and Pleasure
  - g. Beyond Behaviors, a project to simplify and synthesize multiple materials to address challenging and difficult behaviors
    - i. Materials are being revised and redeveloped into user-friendly formats
    - ii. An 'instructor led lecture dementia training series' will be posted on [www.improvingMlpractices.org](http://www.improvingMlpractices.org)
- E. Improving MI Practices (IMP) [www.improvingMlpractices.org](http://www.improvingMlpractices.org) – Alyson Rush  
 Alyson was not able to attend however; she did provide a handout
  - a. Significant work continues with the State Training Guidelines Workgroup (STGW) and the Reciprocity Workgroup (RW) to house STWG curriculum guides, vetting tools and test banks on imp - this has been accomplished
    - i. The reciprocal Implementation Plan, a result of this committee's efforts, was approved by the PIHP CEOs of each region; a training subcommittee of the STGW plans to provide regional training on specifics
    - ii. This group, the STGW and RW, should be commended on the work they have done, it is difficult, complex and extremely collaborative, and the end result should significantly improve workforce development and availability
    - iii. For direct-care staff, training may be face-to-face, blended or online. Courses on IMP, vetted and approved for the direct-care staff education bear the STGW logo

- b. Course development and redevelopment continues; all new and redeveloped materials meet the WCAG 2.0AA accessibility standards and are tagged with an accessibility logo
  - c. New courses: Limited English Proficiency, Infection Control (both live), Cultural Competency, and the updated Wiki are completed
    - i. HIPAA Essentials is almost live
  - d. Courses in development: Recipient Rights Annual Review was redeveloped in cooperation with the State Office of Recipient Rights, Substance Use Disorders 1<sup>st</sup> module reviewed; there are additional courses being developed
  - e. IMP website ([www.improvingMIpractices.org](http://www.improvingMIpractices.org)) will migrate to a new look (new software) in late September; many changes for the new site are based upon user feedback and intended enhance the user experience and make searching for courses and resources easier
- F. Behavior Supports Committee – Mark Lewis & John Langlois  
There has been 5 Behavioral Treatment MIFAST reviews conducted for FY19 however; they haven't analyzed the data from those reviews yet
- a. John stepped into the training role with Jillian for the 2 BT trainings this year
- G. Co-occurring Mental Health and Substance Abuse Treatment – Mark Lewis
- a. Integrated Dual Disorder Treatment (IDDT) – Mark and Alyson have incorporated ACT, IDDT, and ACT/IDDT Michigan Fidelity Assistance Support Team (MIFAST) reviews
  - b. Dual Diagnosis in Community Mental Health Treatment (DDCMHT) – One review has been scheduled for this year.
  - c. Dual Disorder Capability in Addiction Treatment (DDCAT) – No update given
  - d. Co-occurring College – The COD College will be a 1-day event that will be held in Bay City on July 30, 2019
    - i. Dr. Carlo Diclemente will be the planetary speaker - Stages of Change
    - ii. Breakout Sessions - One of the breakouts will focus on actual dialogue
      - 1. How to make sure that all of your dialogue with a client focuses on comorbid mental health and substance abuse disorders that you are addressing the COD and not just one or the other
      - 2. Mark is still working on other breakout sessions and does not have a complete list yet
- H. Co-occurring Disorders (COD) Medication Assisted Treatment (MAT) – No update given
- I. Dialectical Behavioral Therapy (DBT) – Mark Lewis  
Completed all of the 2-day and 5-day Basic DBT trainings
- a. Mark presented DBT at a breakout session at a training because a presenter was not able to due to a scheduling conflict
  - b. The DBT Summit was back in April
    - i. The conference as a whole was well received as well as the feedback from folks
    - ii. The keynote speaker was excellent
- J. Drop-in Centers – No update given
- K. Trauma Sub-committee
- a. Training – Mary Ludtke  
They made sure there were trauma-focused breakouts at the CMHAM conference – 4 different sessions that the sub-committee helped organize
    - i. Ensures that trauma stays front and center for folks
  - b. Children's Trauma Initiative – Mary Ludtke  
They have 4 learning collaborative trainings for Trauma Focused Cognitive Behavioral Therapy (TFCBT), Resource Parent, and training the trainers.
    - i. Trainings added this year: Parent Psychotherapy EBP (a model for children birth to 5 years old) and Reflective Supervision for supervisors so they can be reflective in their work
  - c. Prolonged Exposure Therapy (PET) – Mark Lewis

PET starts next month and this year the region will be in Macomb County (Region 9)

- i. If you have already participated in the PET trainings, you are welcome to still participate in the coaching calls as observers
- ii. For FY20, Jason Marocco of St. Clair CMH Authority (Region 10) is interested in training for that region
- iii. If you are interested in the PET training for your region, please contact Mark at [LowisM@michigan.gov](mailto:LowisM@michigan.gov)

L. Trauma MIFAST – Mark Lowis

The Department has already had 2 requests for MIFAST reviews

- a. If you are interested in having a MIFAST review for your agency, please contact Mark at [LowisM@michigan.gov](mailto:LowisM@michigan.gov) or the MIFAST mailbox at [MDHHS-MIFAST@michigan.gov](mailto:MDHHS-MIFAST@michigan.gov)

M. Level of Care Utilization System (LOCUS) – Jasmin & Jean

A report and brochure were provided to the committee

- a. MIFAST reviews: For FY18, 14 reviews completed; for FY19, 24 reviews are the target with 23 scheduled
- b. Specialty Trainings for FY19: Enhancing your LOCUS Skills; and Quality & Outcome Measurement with the LOCUS (completed each twice in Grand Rapids and Novi with 2 more days scheduled for FY19: July 29th in Traverse City; and August 19th in Bay City)
- c. Specialty Trainings for FY20: Planning a new “Train-the-Trainer” workshop to enhance the training skill sets of existing and new LOCUS trainers (Planning on offering it 4 times in FY20); and each of the other two specialty trainings will also be offered 4 times
  - i. If you have ideas for where these trainings should happen, please let us know
  - ii. They are also trying to coordinate dates that overlap with regional meetings
- d. Regional Coordination: Once several (3+) LOCUS MIFAST reviews have been completed, they will summarize the data to present at regional meetings, answer questions, and brainstorm; most regions include their provide network also; held regional meetings with PIHP Regions 4, 7, and 9; PIHP Regions 1 and 8 are scheduled; for FY20, they are looking to schedule the remaining regions; bi-annual PIHP LOCUS leader conference calls.
  - i. They have been productive, and they will continue to follow-up to make sure regional needs are being met

N. Use of Encounter Codes – No update given

O. Motivational Interviewing – Mark Lowis

The Motivational Interviewing College is June 10 – 13, 2019 in Marquette with Basic, Advanced, and Supervisory training as well as Train-the-trainer events

P. Parent Management Training – Oregon (PMT-O) – Mary Ludtke

The annual conference that is in two weeks for PMT-O with a special preconference fidelity measures for folks who are doing the fidelity work

Q. Parenting Through Change for Reunification (PTC-R) – Mary Ludtke

Mary mentioned rolling out an additional training – Parenting Through Change

- a. Looking at trainings for FY20

R. Psychosocial Rehabilitation – No updates given

S. Office of Recovery Oriented Systems of Care (OROSC) – No updates given

T. Supported Employment – No updates given

VI. Agenda Items for Next Quarter – None requested at this time

VII. Mark adjourned the meeting

***Next meeting scheduled for Thursday, September 5, 2019 from 9:00 a.m. - 12:00 p.m.***

