

## Practice Improvement Steering Committee

Subcommittee Report submitted by Alyson Rush, LMSW

Please contact me if you have questions or need additional information.

**Family Psychoeducation:** Today's meeting includes a presentation specifically about FPE! Handouts are available at the meeting. Basic Facilitator training was held in April, 33 people were trained. Two Learning Communities occurred. No fidelity visits have been requested or provided this year.

**Older Adults:** (transition continues to Charlyss Ray)

Workforce development activities included the following:

Approximately 500 clinicians with a practice focused on older adults participated in the **Mental Health and Aging Conference** May 14-15, 2019; Keynote topics: 'Hope' and 'New Findings on Risk Factors for Suicide in Later Life'. Intensive topics included Solution Focused Therapy; Secondary Trauma; Advanced CBT for Treatment of Anxiety Disorders; Pain Management; and Autism Best Practices. Workshop topics included: Lewy Body Dementia; Introduction to Motivational Enhancement; Co-Occurring Disorders- At-Risk Drinking; Drug Misuse and Mental Health Problems; Loneliness-Addressing Negative Health Consequences; Strategies to Assist Individuals with Multiple Sclerosis; OBRA 101; Ethical Challenges for Working with Older Adults and Their Carers in Practice; Strategies to Assist Individuals with Advanced Parkinson's Disease; Alternative Strategies for Self-Care-Stress-Reduction and Relaxation; Drugs of Abuse: The Opioid Crisis; Health Care and Financial Decisions-Who Decides?; The 3Ds of Geriatric Care: Depression, Dementia, and Delirium. This conference supported with federal community mental health block grant funding is provided through Lansing Community College's Mental Health and Aging Project.

The Mental Health and Aging Project also sponsored 'Trauma-Informed Behavioral Health Care for Older Adults' in March.

The Department provided support to the **Michigan Assisted Living Association's** annual conference on May 13, 14 & 15, 2019.

Additional workforce development includes: 'Intervention Strategies for Dementia in Persons with Serious Mental Illness and Other Disorders', offered on May 21, 2019.

'Positive Approaches to Dementia Care' was delivered twice.

The **Michigan Dementia Education Network** (MDEN) is currently holding the 21<sup>st</sup> and final meeting; the annual network meeting enhances the knowledge and skills of already experienced dementia educators. Participants are trainers and train others, in turn; additionally, they may

provide consultation for difficult and complex cases. The topic for 2019: Nutrition and Dementia: The Impact of Food on Health, Functioning and Pleasure.

Other initiatives:

**Beyond Behaviors**, a project to simplify and synthesize multiple materials to address challenging and difficult behaviors. Materials are being revised and redeveloped into user-friendly formats. An 'instructor led lecture dementia training series' will be posted on [improvingmipractices.org](http://improvingmipractices.org); an online course for clinicians and other carers will be available on [improvingmipractices.org](http://improvingmipractices.org), an interactive tool, the Cognitive Assessment and Support Strategies (CASS) checklists. By considering the person, task, environment and carer in the context of cognition and sensory perception, multiple intervention ideas can be generated. Considering cognitive abilities in the context of difficult behaviors ( person, task, environment and carer) has useful interventions beyond the original targeted population of people with dementia and those who care for them. It is also useful to assess behavior and identify appropriate non-pharmacological interventions when working with any challenging and difficult behavior for all populations.

### **Assertive Community Treatment:**

Workforce development activities included:

#### **ACT team training activities:**

- ACT 101 held twice
- ACT 201-D Day 2 held twice
- The Role of the ACT RN
- New Energizing Recovery-held once
- NEW Improving Treatment for ACT Consumers Who Have Co-Occurring Disorders
- **Michigan Fidelity Assistance and Support Teams process and development:** Training scheduled for August 26 & 27 and November 20 & 21, 2019. An outstanding group of experienced and knowledgeable participants whose skills will enhance specific evidence-based practice teams across the state. Training continues to evolve and currently included fidelity reviewers from DBT, COD, IDDT, SE/IPS and ACT for the first part of Day 1. Topics included MiFAST overview, reviewer recruitment, etiquette, reviewer process, contract requirements and reimbursement, review details, resources and protocols, tools, interview prompts and specific information on the General Organizational Index and inter-rater reliability.
- Day 2 training focused on ACT teams, ACT/IDDT teams and IDDT teams with instruction on using the MiFAST tool, and critical elements of practices.
- MiFAST ACT and dual ACT/IDDT teams continue; the process continues to be examined and addressed to make smoother.
- Reports from ACT and dual teams who have had visits are overwhelmingly positive.

## improvingMipractices.org:

By the user numbers:

Total Numbers by Month: FY 19	Registered Users	Active Users	Courses Accessed	Certificates Generated	CEUs Granted
Oct	19,556.0	3,231.0	162.0	1,612.0	2,416.0
Nov	19,984.0	2,762.0	156.0	1,281.0	1,821.5
Dec	20,272.0	2,652.0	174.0	1,209.0	1,739.5
Jan	20,795.0	3,522.0	166.0	2,178.0	2,921.5
Feb	21,350.0	3,175.0	156.0	1,804.0	2,807.0
Mar	21,967.0	4,342.0	161.0	2,551.0	4,375.5
Apr	22,587.0	3,976.0	162.0	2,147.0	3,408.5
Totals		23,660.0	1,137.0	12,782.0	19,489.5

Significant work continues with the State Training Guidelines Workgroup (STGW) and the Reciprocity Workgroup (RW) to house STWG curriculum guides, vetting tools and test banks on imp. This has been accomplished. The reciprocal Implementation Plan, a result of this committee's efforts, was approved by the PIHP CEOs of each region; a training subcommittee of the STGW plans to provide regional training on specifics. This group, the STGW and RW, should be commended on the work they have done, it is difficult, complex and extremely collaborative, and the end result should significantly improve workforce development and availability. For direct care staff, training may be face to face, blended or online. Courses on imp, vetted and approved for the direct care staff education bear the STGW logo.

Course development and redevelopment continues; all new and redeveloped materials meet the WCAG 2.0AA accessibility standards and are tagged with an accessibility logo.

New courses: Limited English Proficiency, Infection Control (both live), Cultural Competency, and the updated Wiki are completed. HIPAA Essentials is almost live.

Courses in development: Recipient Rights Annual Review was redeveloped in cooperation with the State Office of Recipient Rights, Substance Use Disorders 1<sup>st</sup> module reviewed; there are additional courses being developed.

improvingMipractices.org will migrate to a new look (new software) in late September; many changes for the new site are based upon user feedback and intended enhance the user experience and make searching for courses and resources easier.