

The PRACTICE IMPROVEMENT STEERING COMMITTEE

Meeting Minutes for December 5, 2019

Group Members Present: Mary Baukus, Jeff Brown, Lindsay DeCamp, Lorianne Fall, Cathy Fitzpatrick, Lu Ann Gray, David Hambrick, Julie Jones, Moira Kean, John Langlois, Mark Lewis, Cecilia Nguyen, Jean Pfaendtner, Leslie Pitts, Charlyss Ray, Brenda Stoneburner, Agnes Ward, Jasmin White

- I. **Welcome and Introductions** – Mark Lewis called the meeting to order and introductions were made
- II. **Review of Minutes** – Minutes from the June PISC meeting are available on the www.improvingMIpractices.org (IMP) website
- III. **Administrative Updates** – Brenda Stoneburner
Brenda gave administrative updates
 - A. PISC EBP Implementation Survey results are in
 - a. Brenda provided a handout of the survey results and briefly went over a few of them
 - b. Mark and Brenda will be compiling and sharing the data at the next meeting
 - B. Adult Mental Health Block Grant funding letters for FY21-22 will be going out within the next week via email from Karen Cashen
 - a. For FY21-22, a 2-year plan, with a possibly through 2023 with a 3-year plan
 - i. There are a few pilot programs that can take a good 3-years to see full implementation
 - b. There are 7 – 10 priorities
 - c. PIHPs can respond as a regional approach up to \$300,000 or 2 smaller projects up to \$150,000 each
 - d. CMHSPs can response for one project up to \$150,000
 - C. Director Gordon's press release (Dated 12/4/19) on a new approach to strengthen behavioral health
 - a. Brenda provided the committee with the press release and a FAQ sheet
 - b. More information can be found at Michigan.gov/FutureOfBehavioralHealth where there is also an opportunity to provide comment on this vision to improve the public behavioral health system
- IV. **CMHAM Updates** – No update given
- V. **Presentations**
 - A. **Moral Reconciliation Therapy (MRT) – Agnes Ward**
Agnes did a PowerPoint presentation and answered questions
 - a. A handout was provided
 - B. **LOCUS Project FY19 Yearend Report**
Jasmin and Jean did a PowerPoint presentation on FY19 LOCUS and answered questions
 - a. A handout was provided
- VI. **Subcommittees**
 - A. **Children's Services – Fetal Alcohol Spectrum Disorder (FASD) Initiative** – Kathy Fitzpatrick
Kathy talked about the FASD initiative trainings
 - a. They will be starting cohort 3 with FASD System of Care and will be bringing in Ottawa CMH, Washtenaw CMH, and Healthwest into their little group of agencies they are working with currently
 - i. They just started their preliminary trainings
 - b. Dan Dubovsky will be in 3 locations in March and April doing the Intro to FASD training (this training is open to everyone including parents and anyone with a FASD): Gaylord, Jackson, and with the 3rd location to be determined in the tri-state area
 - c. Free Training with Nate Sheets – It's a Brain Thing (an FASD presentation) in Novi at Suburban Collection Showplace on February 19, 2020 – limited space available

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- d. Families Moving Forward has a requirement for a prerequisite for clinicians to complete so they will be conducting a Motivational Interviewing Learning Collaborative
 - i. Information came out yesterday, please email Kathy for information at FitzpatrickK5@michigan.gov
- B. Assertive Community Treatment (ACT) – Brenda Stoneburner for Alyson Rush
Alyson was not able to attend however; Brenda gave an update and a handout was provided
 - a. Updates to the ACT section of Medicaid are expected to be published in January 2020
 - i. Language revisions were made to provide clarity and consistency
 - ii. Language related to 3-person ACT teams has been removed
 - iii. Changes to QMHP qualifications are not yet reflected in the ACT section of the Medicaid Provider Manual
 - b. FY19 Workforce Development Activities
 - i. ACT 101 - the first session was held November 7 & 8, four more sessions are scheduled
 - ii. Early ACT / First Episode Psychosis Pilot trained 3 ACT teams to provide early treatment for up to 5 individuals on each team
 - iii. MIFAST Reviewer Training was held for all reviewers (excluding IPS) Nov. 20 & 21; ACT teams hosting MIFAST visits in FY 20 are now being scheduled
 - iv. ACT for ACT Nurses is scheduled
- C. Family Psychoeducation (FPE) – Brenda Stoneburner
Brenda went over the trainings scheduled for FY20 that Stephanie Lange does for FPE
 - a. FY19 overview
 - i. June 11th & 12th: Basic FPE Facilitator Training no exact location yet but looking at Northern lower Michigan north of Mt. Pleasant (Grayling or Mackinaw City)
 - a. Once the location has been set, a Save-the-Date flyer will go out
 - ii. August: Another Basic FPE Facilitator Training - specific training requested by Oakland County
 - a. Once Oakland County fills their seats then any remaining seats will open up to others to attend as well
 - b. The department does specific trainings periodically for large agencies (Genesee, Ingham, and now Oakland County) if you are interested to email her a request at StoneburnerB@michigan.gov
 - iii. July 16th & 17th: Advanced FPE Training date set but location has been set yet (looking at Mt. Pleasant area)
 - b. PISC EBP Implementation Survey came back with seven agencies wanting to implement FPE
 - i. Lorianne will be going through those surveys to find out who those agencies are and passing the information along to Stephanie
- D. Services to Older Adults (OA) – Charlyss Ray
Charlyss briefly went over the FY20 grants
 - a. LCC - does 4 daylong specialty seminars throughout the year
 - i. Pain and Perplexing Behaviors was in October and it was really good
 - ii. The other three will be scattered throughout the state and are still being determined
 - b. The Mental Health and Aging conference were this past fall (Solution Focused Therapy) and there will be another one coming up in FY20 even though there were some budget cuts, it will remain a 2-day conference with the first day being intensive
 - c. Michigan Assisted Living Association (MALA) had their first dementia conference last year and for this year, they will combine that with the upcoming yearly MALA conference

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- i. MALA does 2 trainings on Dementia throughout the state
 - ii. They are looking into Dementia Peer Mentors and Caregiver Peer Mentors with an online program
 - iii. Two trainings by nurses on the holistic treatment of pain
- d. Beyond Behaviors is revising the instructor side of the training and will be on the IMP website soon
- E. Improving MI Practices (IMP) www.improvingmipractices.org – Brenda Stoneburner for Alyson Rush
During the 1st quarter of FY20, the IMP website will migrate to a modern, easier to navigate site and is intended to provide an overall better user experience – this is in the final stages of development
 - a. Alyson was not able to attend however; she did provide a handout
- F. Behavior Supports Committee – Mark Lewis
 - a. The goals of the subcommittee were to launch a statewide training on Behavioral Treatment Plan development and to develop the MIFAST review team for Behavioral Treatment
 - i. Since that work has been completed, the committee is being sunset at this point
 - ii. In the future, if more work is necessary then the department will activate the committee
- G. Co-occurring Mental Health and Substance Abuse Treatment – Mark Lewis
 - a. Integrated Dual Disorder Treatment (IDDT) – Mark and Alyson have incorporated ACT, IDDT, and ACT/IDDT Michigan Fidelity Assistance Support Team (MIFAST) reviews and that will continue for FY20
 - i. If you have an IDDT team only, you can still get a review
 - b. Dual Diagnosis in Community Mental Health Treatment (DDCMHT) – For FY20, there will be more of a focus on DDCMHT reviews with the overall COD competency of an agency's Adult Mental Health outpatient programs
 - c. Dual Disorder Capability in Addiction Treatment (DDCAT) – No update given
A DDCAT review is handled by the OROSC section of BHDDA
 - i. Mark can help agencies make use out of the self-evaluation SAMHSA toolkit
 - d. Co-occurring College – Brenda Stoneburner for Mark
At the last COD Leadership Committee meeting, Brenda asked the group about details for the FY20 COD College
 - i. Dates and locations were discussed with the Genesee / Flint area identified as the preferred location
 - ii. Focusing on specialized areas for COD and turnover in staffing
 - iii. Individual and potential workshops discussed
 - a. Focus again on dialog at the contact level
 - b. Increase the confidence level for clinicians
- H. Co-occurring Disorders (COD) Medication Assisted Treatment (MAT) – Lisa Miller
No update given.
- I. Dialectical Behavioral Therapy (DBT) – Mark Lewis
Mark mentioned the IMP new modules for DBT training work that is being wrapped up on the site: model fidelity; case finding for new staff; and interrater tool
- J. Drop-in Centers – Collen Jasper
There is a new center called Harvest Retreat Drop-in Center in Highland Park plus there will be a new training for directors of Drop-ins.
- K. Trauma Sub-committee – Collen Jasper
 - a. Training – Coleen Jasper
EDRM & TREM will be doing trainings for clinicians plus revisiting the trauma survey that they did 5 years ago for the CMHSP and PIHP system
 - i. The PIHPs have the Trauma policy in their contract which is new as of last summer

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- ii. Next Trauma meeting is December 9th
- b. Children's Trauma Initiative – Mary Ludtke
Cohort 25 is in full swing and they are having their 2nd learning collaborative in TFCBT and Caregiver education next week
 - i. The screening will be in January for folks implementing Trauma screening and their assistance to them to fully implement to CMH or the contracting agency
 - i. Cohort 26 and 27 making plans to start in FY20
 - ii. The childcare and psychotherapy with SED have been spaced for infants, toddlers, and children (birth – 5 years of age) started in July and is an 18-month collaborative
 - iii. Finished the learning collaborative on Reflective Supervision
- c. Prolonged Exposure Therapy (PET) – Mark Lewis
The FY19 PET training was in Macomb County and it will be in St. Clair for FY20
 - i. Macomb County clinicians dealing with clients with PTSD are reporting that it really does work and are finding that consumers / individuals are wanting to participate in it and are getting results
 - ii. The clinicians are really feeling supported with the consultation calls with the trainers and the PET Google Group (a nationwide group)
 - iii. If you are interested in having a training at your agency to let Mark know at LowisM@michigan.gov
- d. Anti-Stigma - Coleen Jasper
The Anti-Stigma campaign educational day will be probably in July
 - i. The SUD section is doing their own Anti-Stigma campaign and they will be coordinating between the two campaigns
- L. Trauma MIFAST – Mark Lewis
The Department has had 8 - 9 MIFAST reviews
 - a. If you are interested in having a MIFAST review for your agency, please contact Mark at LowisM@michigan.gov or the MIFAST mailbox at MDHHS-MIFAST@michigan.gov
- M. Level of Care Utilization System (LOCUS) – Jasmin White & Jean Pfaendtner
Jasmin and Jean did a PowerPoint presentation on the FY19 LOCUS project yearend report and answered questions
- N. Use of Encounter Codes – Mark Lewis
No update given
- O. Motivational Interviewing (MI) – Mark Lewis
For FY20, there will be 3 regional trainings one in the next 3 quarters: Grand Rapids; Traverse City; and Dearborn
 - a. On one of the days, there will be a MINT trainer teaching supervisors how to use MI to increase MI skills in the staff that they supervise
 - b. Richard Reinhardt is the trainer for the Basic MI; Dan Reed will be handling the Advanced MI; and the Train-the-Trainer will be performed by Randy Estes
 - c. MI MIFAST visits can also be scheduled for agencies
- P. Parent Management Training – Oregon (PMT-O) – Mary Ludtke
They finished up group trainings and parent professionals were invited to train in the group model
 - a. Parent professionals will also be getting certified along with their therapist
 - b. In February and March, Individual PMT-O training will take place in Oakland County
 - c. They will be testing a new blended training utilizing Zoom where some of it will be in-person and over the web
 - d. Releasing My Parent Resource (Informed PTMO 2-day skills) will be putting it on the website so parents can utilize it 24/7
 - i. They have been working with MSU
 - ii. They are in the last stages of getting the videos clipped

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- e. Informed PTMO training (2-day) training: January 30th & 31st in Kalamazoo; and February 6th & 7th in Detroit
- Q. Parenting Through Change for Reunification (PTC-R) – Mary Ludtke
Works with children who are in and out of home placement and works with their parents to ensure that reunification is done well, and they are not removed in the future
- R. Psychosocial Rehabilitation – Marty Alward
There will be a Michigan Clubhouse conference this year sometime in late summer
 - a. The clubhouse steering committee is working with Marty and CMHAM to get that finalized hopefully by January so a save-the-date flyer can be sent out
- S. Office of Recovery Oriented Systems of Care (OROSC) – Angie Smith-Butterwick
No updates given
- T. Supported Employment – Brenda Stoneburner for Joe Longcor
Brenda and Joe have really been working on fidelity being maintained to IPS as an EBP
 - a. They are hearing from a lot of folks that they are implementing IPS but are not connected to MIFAST visits or reviews
 - b. They are starting to look very closely at it in terms of exactly getting a sense of what is really happening
 - c. Concerns implementing with fidelity to the model
 - d. Folks are doing Supported Employment and using bits and pieces of an IPS approach when there are other core components and pieces that may or may not be happening
- U. Veteran Liaison – Brenda Stoneburner for Brian Webb
 - a. The 2nd Annual Veteran Navigator Summit was held on October 24 at Peckham in Lansing with 100 folks attending
 - b. The BHDDA Veteran and Military Family Strategic Plan 2020 – 2024 is in the final stages and will hopefully be released in a week or two on the Walking With Warriors website at https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_93573---.00.html
- V. Healthy Transitions Grant - Leslie Pitts
Leslie is the project director for the Health Transitions Grant through SAMHSA
 - a. They are starting their 2nd year with pilots in Kent and Kalamazoo County
 - b. Delivers EBP to transit age youth and young adults
 - c. They are implementing the Transition to Independence Process (TIP) model

VI. Agenda Items for Next Quarter

VII. Mark adjourned the meeting

Next meeting scheduled for Thursday, March 5, 2019 from 9:00 a.m. - 12:00 p.m.