

**Family Psychoeducation (FPE)**  
**Update for September 5, 2019 PISC meeting**

**FPE—An evidence-based problem-solving method designed to help families and individuals better understand mental health conditions while working together towards recovery; recognize the important role of natural supports in recovery; and help clinicians see markedly better outcomes for individuals and families.**

**FY19 Overview:**

April 2019: Basic FPE facilitator Training - 31 people trained

May 2019: Basic FPE facilitator Training (on-site Flint/Genesee Health only) 14 people trained

August 2019: Advanced FPE Training - 9 people trained

Learning Communities - May 2019:

Lower Peninsula - 20 people

Upper Peninsula - 10 people

No Technical Assistance Support Visits this FY, but have requests for FY20

Steering Committee spoke by phone once each quarter - Next meeting is Sept 12, 2019

**FPE Groups by Regions (as of June, 2019)**

1. Groups plus 1 Trainer/Coach
2. No Current Group- Plan in place to re-start; Facilitators ready
3. Groups plus 1 Trainer/Coach
4. Not currently active
5. Groups plus 2 Trainers/Coaches
6. No Current Group- Facilitators trained
7. Not currently active
8. Groups plus 1 Trainer/Coach
9. Groups plus 1 Trainer/Coach
10. Groups

The number of FPE teams at any given time fluctuates. Based on number of people trained, there is the potential for approximately 150 teams across the state. Not all of them are active at any given time. Quarterly Steering Committee calls and regional reports, we estimate 50 currently active teams in some stage of doing FPE. Many teams are dormant due to strain on their system not allowing them to pursue FPE/their region not emphasizing it as a priority practice.