

# Co-occurring Disorders (COD) Leadership Committee Statewide Meeting November 19, 2020

**Meeting Participants:** Brenda Stoneburner – Chair (MDHHS), Carrie Chanter (Genesee Health Systems), Cathy Hart (Southwest Michigan BH), Crystal Mosby (Oakland County CMHA), Deb Willard (CEI CMH), Deana Mason (CMH of Central Michigan), Leslie Pitts (MDHHS), Lorianne Fall (MDHHS), Mary Baukus (Saginaw County CHMA), Meg Perrault (MI MIFAST Trainer), Nicole Adelman (Community Partnership of Southeast Michigan), Robert Compton (Detroit Wayne)

## **Welcome and Introductions**

Welcome and introductions were made

## **Review of Previous Minutes – Go to [www.improvingmipractices.org](http://www.improvingmipractices.org)**

No Changes.

## **Update on FY21 and Training Plans**

Brenda met with the COD leads last week and made plans for FY21 to make all of the MIFAST visits and training virtual for the entire fiscal year, however they may revisit that if the COVID-19 numbers go down

- COD/IDDT MIFAST visits are ready to go virtually, if interested send an email to
- [MDHHS-MIFAST@michigan.gov](mailto:MDHHS-MIFAST@michigan.gov)
- Five virtual trainings coming up so working on final notification and the brochure is still being worked on by CMHAM
  - Trainings will be about Moral Injury and like type training by Tom Moore
  - The trainings will be recorded and uploaded to the Improving MI Practices (IMP) website
- COD team lead, Jennifer Harrison, is planning some trainings but nothing has been finalized yet
- COD College will not be held this fiscal year
  - They want more of a focused training on COD
  - IMP is a wonderful resource

## **Other**

Mental Health First Aid – Train the Trainer with National Council has been paused since October due to lack of travel / travel restriction

- Brenda asked the group about an in-person vs. virtual trainings by National Council as they have converted a lot of their trainings to a virtual platform
  - Maybe just doing 2 virtual trainings for now

## **Technical Assistance or Issues**

- Deb Willard at CEI reached out to the MIFAST team and has 2 ACT team MIFAST visits scheduled
  - She is looking forward to having clarification around the use of the modifiers
- Carrie Chanter mentioned lots of CMH's and agencies are using modifiers differently
  - Deb mentioned having the same experience
  - Any information / direction on billing and codes directive from the department to all in the field would be extremely helpful
- Brenda mentioned if you had any questions that you can email her at [StonerburnerB@michigan.gov](mailto:StonerburnerB@michigan.gov) and if she doesn't know the answer, she will direct you to the right person

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**Regional Activity Reports**

- Region 10
  - Carrie Chanter (Genesee Health Systems)
    - Working on PA2 dollars that the region approved and starting to get those kicked off
      - Some of it has to do with suicide prevention directly related to the SUD community
        - ❖ Campaigning and training that they will be doing with a focus on the SUD
    - They are consulting with Hurley Hospital with some of their contacts and SUD consumers developing partnerships
    - Trying to expand and get a street outreach team going for [Opioid Overdose Response Program \(ORRP\)](#)
- Region 8
  - Crystal Mosby (Oakland County CMHA)
    - They are moving forward with service models with the value based purchasing for everyone is co-occurring
      - With the value based purchasing it will incentivize to ensure that happens and hoping it will be on a much larger scale
    - Trying to help providers by ensuring they have clinicians that can work in the field who are licensed is very challenging
    - They started opening conversations with the hospitals in their area to get Peers in emergency departments
      - Been trying to do this for the last 3 years
    - Trying to ramp back up the Screening, Brief Intervention and Referral to Treatment (SBIRT) Program; educational component on health and COD and work every closely with behavioral health
      - Whether it be on opioids, alcohol, and trying to help people get the services they need
- Region 7
  - Robert Compton (DWIHN)
    - Going for NCQA and continuing to keep that certification
    - Turning their “Front Door” back into the organization; that was a piece that they had contracted out but are bringing that back in-house
    - ACT pilot program on step-down from ACT and trying to roll that out to the organization
      - The 1 element that seems to cause the escalation or de-escalation back into the hospital is dealing with medication compliance
      - Rolling in co-occurring elements into ACT more than it has been in the past using IDDT as a model
      - Clarifying things and putting these items into some sort of protocol that the field has something to reference
      - Rolling out a training element
- Region 6
  - Nicole Adelman (Community Partnership of Southeast Michigan)
    - They have a local co-occurring workgroup that just finished regional recovery self-assessments and are analyzing the data working by county to come up with a plan on how to address the results of the assessment

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- Region 5
  - Deb Willard (CEI CMH)
    - Several weeks ago, their SUD provider license was submitted to LARA and they paid all their fees
      - Still waiting to hear back from LARA but since COVID and they submitted 7 licenses for each location that is probably what is taking so long
    - Getting programs up and running that are trying to adjust and move to virtual groups
      - Any good ideas, please let her know
    - Their 2 ACT and IDDT MIFAST teams are wanting to move forward and have some reviewers coming out
    - Crisis services has been really busy with the increase in suicide ideations and SUD disorders presenting for hospitalization
      - They have a stand-alone Crisis Service Center at CEI with a recovery program and detox center right next door
        - ❖ They have a recovery coach, and crisis services will be working directly with them
        - ❖ As of right now, they have to share one recovery coach between Crisis Service Center and crisis services so they will be hiring
    - Mental Health Court, during COVID, one of the the things that they saw with specialty courts (COD piece) was there were a lot of violations due to SUD use
      - Individuals relapsing more with SUD use vs. issues of mental illness even thou it was a mental health court
      - Due the pandemic, probation was not able to really get out there and monitor the testing sites, so people were not doing testing and use increased
  - Mary Baukus (Saginaw CMH)
    - They are hiring a substance abuse coordinator for a new grant
    - Within their network, they have several IDDT and an ACT team
      - Teams in Saginaw Township are already doing virtual Zoom groups; internally they are struggling to do anything with groups due to population, access to wi-fi, and devices
      - They did have a big room that they could socially distance in then the COVID-19 numbers shot up, so they tabled that one
      - One provider said they were doing phone conferencing
- Region 4
  - Cathy Hart (Southwest Michigan Behavioral Health)
    - All are struggling with suicide ideation calls on their SUD lines
    - The COD has been out there for a long time, approaching all of the people out there is an issue
    - They received a mental health block grant for a pilot program called Navigators for Transition from Psychiatric Hospitals (a peer or CMH worker that can go to the hospitals or the residential programs for new people and try to transition them back to the CMH or some where they can get on going assistance)
      - They have started some on it but will be hiring others for the rest of it

**Future Agenda Items**

None identified at this time

**Future Meetings**

February 18, 2021