

The day you were **Born** e.g., 06 or 17): _____

First 3 letters of your **Mother's First Name** _____

Your City & State of residence: _____

City & State of this Educational Session _____

Today's date _____

Pre-Session Form

Session 4

Please select (by circling) the letter of the best answer for helping a person with cognitive needs.

1. When Ms. S. is told it's time for her to get dressed she sometimes just sits there and doesn't move. You should:
 - a. First make sure you have her attention and then face her while speaking.
 - b. Repeat the same words over and over with pauses until she understands what you are saying.
 - c. Give her meaningful consequences, such as telling her that if she doesn't get dressed she won't look nice for the upcoming activity.

2. Mr. G. seems to get agitated when you start helping him to get ready for a shower. You should:
 - a. Speak clearly and firmly so he understands what you want him to do.
 - b. Use humor. Make jokes about his body odor.
 - c. Offer him opportunities to choose, for example, choice of which wash cloths to use or which food to eat during showering.

3. You know Alice is capable of fixing her own lunch, yet sometimes she mixes things up, like pouring milk on her plate rather than in her glass. You should:
 - a. Ignore what happened and don't say anything.
 - b. Assume she would want you to be honest with her and point out her mistake..
 - c. With a smile, say something like, "Oh good. I was needing to mop up anyway."

4. Which two of the following questions would be most helpful to ask yourself when communicating with someone with cognitive needs?
 - a. Do I treat her as an adult?
 - b. Does she like preparing meals?
 - c. Do I give her verbal reassurances?
 - d. Does she distrust young people?
 - e. Do I match my emotions with her emotions?

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5. Match the concepts about communication with the corresponding questions by selecting the appropriate letters and recording them where indicated (write the letter of each concept next to the question it matches):

- a. Respect
- b. Approach
- c. Explanation and Reassurance
- d. Body language

___ Do I try rhythmic singing as we move from one area to another?

___ Do I avoid bossing her?

___ Does my facial expression match my words?

___ Do I use short words and phrases?

Participant Information (Please select, by circling your answers)

6. How old are you?

___ younger than 20 years old

___ 20-30 years old

___ 30-40 years old

___ 40-50 years old

___ 50-60 years old

___ 60-70 years old

___ 70-80 years old

___ 80-90 years old

___ older than 90 years old

7. Are you: Male Female N/A

8. What is the highest grade you completed in school or college?

___ 8th grade or less

___ some high school

___ high school graduate or equivalent

___ some college

___ college degree

___ graduate school

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9. How much experience have you had caring for persons with cognitive needs?

- 0-1 year
- 1-2 years
- 2-3 years
- 4 years or more

10. Identify your current position(s):

- | | | |
|--|---|---|
| <input type="checkbox"/> nursing assistant | <input type="checkbox"/> case manager | <input type="checkbox"/> psychologist |
| <input type="checkbox"/> nurse | <input type="checkbox"/> care manager | <input type="checkbox"/> service provider |
| <input type="checkbox"/> social worker | <input type="checkbox"/> physician | <input type="checkbox"/> supervisor |
| <input type="checkbox"/> administrator | <input type="checkbox"/> therapist (OT, PT) | <input type="checkbox"/> personal assistant |
| <input type="checkbox"/> home health aide | <input type="checkbox"/> speech therapist | <input type="checkbox"/> other (please specify) |
| <input type="checkbox"/> activity/recreational therapist | <input type="checkbox"/> mental health professional | _____ |

11. Are you caring for a friend or a member of your family? yes no

If yes, please select (by circling) all that apply:

- living with the person
- providing primary care
- assisting with care, but not the primary

12. How much training have you had in caring for someone with cognitive needs?

- none
- 1-3 hours
- 4-6 hours
- 7-9 hours
- 10 hours or more

13. What group of persons do you have the most experience with?

- Older adults
- Persons with dementia
- Persons with a developmental difference
- Persons with a mental illness
- Other (please specify): _____

Thank you very much for your help!