

Co-occurring Disorders Leadership Committee Statewide Meeting November 7, 2019

Meeting Participants: Steve Batson, Mary Baukus, Carrie Chanter, Nancy Chin, Robert Compton, Michelle Dickinson, Randy Estes, Lorianne Fall, Meghan Perrault, Tom Moore, Brenda Stoneburner – Chair, Deb Willard

Welcome and Introductions

Welcome and introductions were made

Review of Previous Minutes – Go to www.improvingmipractices.org

One correction – Mary Baukus’s last name was misspelled under the meeting participants

Co-occurring Disorders (COD) College

- FY19 Follow-up discussion
 - No other comments besides what was captured in the prior meeting minutes
- FY20 Planning discussion
 - At the prior meeting, Mark asked for suggestions for the next COD College for presenters from folks
 - No suggestions for presenters were made
 - Focusing on practice has been the requested topic for the past few years
 - More of a desire for more specific focus on the clinical practice / clinical pieces / competencies
 - Finding that balance for folks in the field where they have the basics so really trying to help them get to the next level and further with their practice and in their abilities
 - Struggling to take practice and turn it into documentation - feedback received from MIFAST visits
 - Design a training with the focus on supervisors since the field has a huge turnover in staffing
 - Consistent documentation on how to supervise staff in order to assist in the process
 - How to capture evidence of MI in the documentation
 - No clear documentation of the stages of change
 - Confidence of the clinician
 - Brenda referenced the Recovery-oriented, Strength-based Planning PowerPoint that Mark and Laura Demeuse worked on for PCP last fiscal year
 - Brenda will share the PowerPoint with the committee because some of it may tie into what this committee is doing
 - Randy mentioned folks contact him for trainings to developing / teaching staff MI
 - Having trainers for Acceptance and Commitment Therapy
 - Plus, trainers for Emotional Focused Therapy (EFT) which is taking hold in the state with couples’ therapy
 - Will build confidence in the practitioner as well
 - Tom mentioned folks feel either through graduate school and / or the initial trainings that they get a lot of Cognitive Behavioral Therapy but what they want is some other methodology on mindfulness, ACT, more effect-oriented approaches etc.
 - They are feeling the need to learn the more advanced skills beyond the entry level
- FY20 COD College date and location
 - Suggestions for dates: early to mid-June; and not be held in July or August due to vacations
 - Suggestions for locations in popular order are: Flint/Grand Blanc (Gateway Center in Flint); Mt. Pleasant; or Kalamazoo
 - Locations to stay away from: Bay City; Detroit; Lansing; and Traverse City
 - Brenda to look at past attendance reports to get an idea of potential attendance numbers

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COD Barriers

- We still have agencies where they fight against integrating COD treatment and / or SUD agencies who are fighting against the mental health side
- Directors who are against integrating services
- Hospital ER personnel turning away folks with a mental illness and who are intoxicated
- No additional barriers identified at today's meeting besides the three listed above from the September meeting

Regional Activity Reports

- Region 5
 - Deb Willard (CEI) – They are getting ready to apply for a SUD license for their adult mental health services and working with their PIHP on that piece
 - Training and building confidence with clinicians
 - They are looking forward to it
 - Mary Baukus (Saginaw) – At this time, their administration has decided not to backfill Amy Murawski's old position / SUD coordinator
 - She is not sure what is going on and has reached out to a couple of the directors
- Region 10
 - Carrie Chanter (Genesee Health System) - They just finished up their last training session with Dr. Kenneth Minkoff
 - They had a series of 6 full-day trainings (3 different sessions)
 - Trained over 400 folks, mainly in their county
 - The training was well received
 - On a quarterly basis, they will be creating a community learning with action plans

MINT Update – by Randy Estes

- Motivational Interviewing Network of Trainers (MINT) (an international organization) is strongly encouraging regions to develop regional chapters and Randy is trying to spearhead a Michigan MINT chapter with the idea that it would be open to anyone interested in MI
 - MINT membership is not required however, the chapter would mentor / encourage individuals to join the MINT sometime in the near future
 - Let Randy know if you are interested in being a part of it at motivationaljourney2013@gmail.com

Future Agenda Items

None identified at this time

Future Meetings

February 20, 2020

May 21, 2020

August 20, 2020

November 19, 2020