

The day you were **Born** e.g., 06 or 17): _____

First 3 letters of your **Mother's First Name** _____

Your City & State of residence: _____

City & State of this Educational Session _____

Today's date _____

Post-Session Form

Session 1

Please select (by circling) the letter of the best answer for helping a person with cognitive needs.

1. You've just met Ms. S., an 88 year old woman with cognitive needs, and are told that she becomes upset when someone tells her it's time to take a shower. You assume that:
 - a. She was always uncooperative; that's part of her personality.
 - b. She probably prefers to take a bath.
 - c. Changes in her brain have caused her to be upset.

2. Mr. G. is an 85-year-old man with cognitive needs who tries to strike out at you when you help him with his shower. You can best help him by:
 - a. Being sure that a man always helps him take a shower.
 - b. Understanding how changes in his brain affect his ability to take a shower.
 - c. Finding out what has caused him to become so mean and ornery.

3. During the past two years, Mr. B., a 90-year-old man with cognitive needs, has become more and more upset during his shower. The most likely reason is that:
 - a. The older he becomes, the more uncooperative and angry he appears to be.
 - b. Changes in her brain have spread to more parts of his brain and affected his ability to figure out how to take a shower.
 - c. His arthritis has become worse and it's painful for him to move around in the shower.

4. Which four factors are most important to examine closely in most situations?
 - a. The mealtime experience, the environment, the family members, and the type of residence where the person lives.
 - b. The person, communication, the task, and the environment.
 - c. The task, the bathroom/shower room, the family members, and the person's level of functioning.

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5. What is the best way to help a person with cognitive needs if she angrily refuses to take a shower?
- a. Point out to the person that her behavior is affecting other people and help her control her emotions.
 - b. Increase her daily exercise program to reduce stress.
 - c. Modify her environment, the task, and your communication with her to address the effects of the changes in her brain.

Post-Session Form: Part II

Please select (by circling) your answer.

Information

6. Overall, how useful will the information presented in this session be to you in helping people with cognitive needs?

Not at all useful Not very useful Somewhat useful Quite useful Very useful

7. Were you satisfied with the balance between how much time the speaker presented information and the time spent in group discussion?

Not at all satisfied Not very satisfied Somewhat satisfied Quite satisfied Very satisfied

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Presenter

How would you rate the speaker's ability to:

8. Present the information clearly?

Poor = 1 2 3 4 5 = excellent

9. Use helpful examples or illustrations?

Poor = 1 2 3 4 5 = excellent

10. Respond to participants' ideas or questions?

Poor = 1 2 3 4 5 = excellent

Overall

11. What was most helpful to you about this presentation?

12. How can this presentation be improved?

Thank you very much for your help!