

Co-occurring Disorders Leadership Committee Statewide Meeting September 25, 2018

Welcome and Introductions

- Welcome and introductions were made

Review of Previous Minutes

- Minutes were disseminated
- No revisions were requested

FY19 COD Plan – Mark Lowis & Brenda Stoneburner

- Mark and Brenda described the effort here as intending to ascertain the desires of the field for COD development activities for the year
 - Co-occurring Disorders College
 - Members indicated that, while there was appreciation for the regional Motivational Interviewing Trainings, real contact level skills for use of motivational interviewing in adult mental health and substance abuse programs that included confidence building practice and feedback were desired
 - Other requests were for strategies that assisted with implementation including agency plans, quality improvement strategies, and community collaboration for the purpose of improving access, welcoming and education of facilities and staff that are not part of the public mental health and substance abuse network, but who provide urgent and emergent services on COD and treatment best practices
 - Co-occurring Disorders MIFAST
 - IDDT MIFAST
 - IDDT MIFAST is combined with ACT reviews when the IDDT Team is developed as an extension of an existing ACT Team
 - Mandates for annual training and reviews follows the Medicaid Manual and MDHHS contracts for ACT when this is the case
 - Still, the MIFAST process does not take on a “compliance” review character and remains an assistive strategy
 - For IDDT stand-alone teams, the GOI and Treatment protocols from the SAMHSA Implementation Self-Assessment Manual are used for the review
 - Follow-up assistance is offered and provided through the scoring indicators of the IDDT review as part of the assistive process
 - Agencies can use the SAMHSA Toolkit for conducting their own reviews as part of their Process Outcome monitoring for implementation and share their results with CPI for the purpose of requesting supportive staff training and development of coaching and consultation
 - Some agencies may consider combining their own internal reviews with an MDHHS CPI MIFAST review for inter-rater reliability and validity of the information for promoting implementation and training activities

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- DDCMHT MIFAST
 - DDCMHT MIFAST reviews using the DDCMHT SAMHSA toolkit are intended to ascertain the degree to which an agency has achieved competency for COD treatment in all their adult mental health programs at every level, including ACT and IDDT as these are outpatient programs
 - Agencies who want to restart their activities to strengthen COD implementation are encouraged to request a DDCMHT review, or to use the SAMHSA toolkit to conduct their own Self-assessment as a means of determining where to begin their focus for improvement
 - Consultation for conducting the self-assessment can be requested from MIFAST, or the agency can request a full MIFAST DDCMHT process
 - Both strategies would allow access to assistance and support from CPI MIFAST

Regional Trainings – Brenda Stoneburner

- Brenda described the upcoming project for statewide trainings on the writing of Recovery-Oriented, Strength-based, Stage-wise Treatment Plans from the processes of assessment, person centered planning, and recovery
- Brenda announced the start-up meeting for this effort which will take place tomorrow and includes representatives from each of the 10 regions
- Some discussion took place as to potential participants and past experiences with this type of training

On-site Trainings

- Discussion on this topic included the desire for very “down to the contact level” skills for practitioners
- Trainings tend to repeat the over-arching concepts of Co-occurring treatment, and people really want contact level skills for finding and addressing comorbid symptoms and exacerbations
- Examples of trainings from CEI that included this level of training were cited as very effective for practitioners

Summary

- Members appear to be desiring to reset and revitalize their efforts for insuring that COD supports and services are the norm for everyone served and that they match the values of welcoming, no wrong door, strength-based and recovery-oriented care
- Members were invited to provide input for the COD College and Annual Trainings following this meeting

Future Meetings

November 20, 2018

February 21, 2019

May 23, 2019

August 22, 2019

November 21, 2019