

The day you were **Born** e.g., 06 or 17): _____

First 3 letters of your **Mother's First Name** _____

Your City & State of residence: _____

City & State of this Educational Session _____

Today's date _____

Pre-Session Form

Session 2

Please select (by circling) the letter of the best answer for helping a person with cognitive needs.

1. Ms. S. swears when she enters the shower and the water hits her body. The most likely reason is:
 - a. She is a person who becomes angry quite easily.
 - b. The water feels like pin pricks on Ms. S's skin.
 - c. She thinks she is being punished when she has to take a shower.

2. Mr. J. becomes agitated and pulls away when someone reaches out to help him get out of the shower. The most likely reason is:
 - a. He is not comfortable having a woman help him in the shower.
 - b. When he sees someone reach out for him, he doesn't understand that it's a helpful gesture.
 - c. He has always been a very independent person and does not like having someone help him.

3. Mr. B. has always enjoyed music, but when he is encouraged to come to a concert down the hall, he doesn't seem interested. The most likely reason is that:
 - a. He is sad and has lost interest in participating in most activities.
 - b. Even though Mr. B. hears the invitation, he doesn't understand what the words mean.
 - c. This is his way of "getting back" at someone who helped him take a shower earlier in the day.

4. Which two of the following questions would be most helpful in assessing the needs and desires of a person with cognitive needs?
 - a. How well do they see and hear me?
 - b. Did they get enough sleep last night?
 - c. Do they respond better to men or women?
 - d. How well do they understand what they see and hear?
 - e. When was the last time they had visitors?

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5. Match the cognitive phases with the corresponding examples by selecting the appropriate letters and recording them where indicated (write the letter of each phase next to the example it matches):

- a. Sensory Phase
- b. Comprehension/Perception Phase
- c. Executive Phase
- d. Expressive Phase
- e. Motor Phase

- _____ Ms. S. can read words but no longer understands what she is reading.
- _____ Mr. B. refuses to step into a white bath tub because he cannot see the edge of the tub well enough.
- _____ Ms. F. has trouble eating without assistance because her severe arthritis makes it difficult for her to grip her utensils and lift her arms.
- _____ Mr. R. can sing easily but cannot formulate the words needed to express his thoughts and needs.
- _____ Ms. M. has difficulty shifting from one task to another and generally doesn't have any concept of how much time has passed between activities.

Participant Information (Please select, by circling your answers)

6. How old are you?

- ___ younger than 20 years old
- ___ 20-30 years old
- ___ 30-40 years old
- ___ 40-50 years old
- ___ 50-60 years old
- ___ 60-70 years old
- ___ 70-80 years old
- ___ 80-90 years old
- ___ older than 90 years old

7. Are you: Male Female N/A

8. What is the highest grade you completed in school or college?

- ___ 8th grade or less

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- ___ some high school

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high school graduate or equivalent

some college

college degree

graduate school

9. How much experience have you had caring for persons with cognitive needs?

0-1 year

1-2 years

2-3 years

4 years or more

10. Identify your current position(s):

nursing assistant

nurse

social worker

administrator

home health aide

activity/recreational therapist

case manager

care manager

physician

therapist (OT, PT)

speech therapist

mental health professional

psychologist

service provider

supervisor

personal assistant

other (please specify)

11. Are you caring for a friend or a member of your family? yes no

If yes, please select (by circling) all that apply:

living with the person

providing primary care

assisting with care, but not the primary

12. How much training have you had in caring for someone with cognitive needs?

none

1-3 hours

4-6 hours

7-9 hours

10 hours or more

13. What group of persons do you have the most experience with?

Older adults

Persons with dementia

Persons with a developmental difference

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Learner Pre-Session Form

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Cognitive Abilities and Intervention Strategies Educational Series

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___ Persons with a mental illness

___ Other (please specify): _____

Thank you very much for your help!