



PRESENTATION PROPOSAL

Community Mental Health Association of Michigan

2020 Co-Occurring College

June 16, 2020

Delta Hotels Conference Center, Kalamazoo, Michigan

Purpose of this form: Training program planners at CMHA use the information requested in this form for several things – to assure appropriateness of content; to assess whether the presentation meets criteria for social work “Continuing Education Clock Hours,” and/or substance abuse professional certification “Contact Hours”; and to develop program description.

Workshop Title	Motivational Interviewing for Comorbid Bi-polar and Substance Use Disorders
Brief Overview of Presentation <i>Please provide a brief description (5-7 sentences) of the proposed presentation that we may use for promotional purposes.</i>	“Motivational Interviewing for Comorbid Bi-polar and Substance Use Disorders” demonstrates and practices the use of Motivational Interviewing as the positive change catalyst in the treatment of co-occurring populations.
Course Objectives <ul style="list-style-type: none"> • List the teaching goals. • 1 objective per full hour of instruction time is required. • Minimum of 3 objectives. • Objectives will serve as the basis for the evaluation. 	<ol style="list-style-type: none"> 1. Participants will review at least 4 elements of Motivational Interviewing practice (Spirit, Principles, Techniques, Process) 2. The facilitator will demonstrate Motivational Interviewing in a role play and process with the group to identify use of MI Core Skills 3. Participants will work with the facilitator to develop a typical case profile with symptoms and conditions of co-occurring disorders (mental Health and Substance Use) they normally encounter in their work. 4. Participants will experience sharing information with MI adherence. 5. Participants will practice MI Core skills demonstrated by the facilitator
Bibliography	<ul style="list-style-type: none"> • <i>Bibliography references relevant to the content of this presentation NOT for the presenter.</i> • <i>1 reference for each hour of presentation. (1 ½ hour workshop = 2 references)</i> • <i>3 references are required.</i> • <i>At least 2 reference must be current within the last 5 years.</i> • <i>APA Format required (see examples on last page)</i> • <i>References must be from a peer reviewed book or journal</i> • <i>Websites may be listed as a fourth reference only if it is the direct link to the topic presented. Wikipedia is NOT a valid bibliographic reference.</i> <p>The 1st and 2nd references MUST be within the last 5 years:</p> <ol style="list-style-type: none"> 1. Lowis, M. M., Harrison, J., Wiland, S. (2018) “Becoming an Evidence-Based Practitioner” Community Mental Health Journal, American Association of Community Psychiatrists. Springer Science + Business Media. 2. Rosengren, D. (2018) “Building Motivational Interviewing Skills, Second Edition Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition.” The Guildford Press, New York, NY 10012 3. Miller, W. R. and Rollnick, S. (2013), “Motivational Interviewing, Helping People Change” (third edition). The Guildford Press, New York, NY 10012
Please check the point(s) of reference for this presentation.	<input checked="" type="checkbox"/> Theories & concepts of human behavior in the social environment <input checked="" type="checkbox"/> Social work practice, knowledge and skills

<p><i>You may check more than one.</i></p>	<input checked="" type="checkbox"/> Social work research, program evaluation or practice evaluation <input type="checkbox"/> Social work agency management or administration <input type="checkbox"/> Development, evaluation or implementation of social policy <input checked="" type="checkbox"/> Social work ethics and standards of professional practice <input checked="" type="checkbox"/> Current issues in clinical or macro social work practice <input checked="" type="checkbox"/> Cultural competence and diversity <input type="checkbox"/> Pain/Pain symptom management-psychology of pain
PRESENTER'S INFORMATION (Maximum of 3 presenters per session)	
Name:	Randall Estes
Degrees/Credentials:	LMSW, CAADC, CCS member of MINT
Title:	Therapist
Organization:	Pine Rest Christian Mental Health Services
Address:	1530 Nichols Road, Kalamazoo, MI 49006
Phone Number:	269-3434-6700
Email Address:	Motivationaljourney2013@gmail.com
Presenter's Brief Biography (Required)	<p>Randall Estes LMSW, CAADC, CCS</p> <p>Randy Estes is a licensed master social worker, certified advanced addiction counselor and certified clinical supervisor currently providing mental health and substance abuse therapy at Pine Rest Christian Mental Health Services, Kalamazoo, MI. For the past 20 years Randy has worked in community based mental health and substance abuse services, residential mental health and substance abuse treatment and outpatient mental health and substance abuse therapy. He joined the Motivational Interviewing Network of Trainers (MINT) in 2010. Providing Motivational Interviewing Training on a National, State, and local level since 2008, Randy is currently a Motivational Interviewing Trainer for the Community Mental Health Association of Michigan (CMHA), the Michigan Public Health Institute (MPHI) and Great Lakes Training, Inc. The Center for Strength-Based Strategies.</p>
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Name:	
Degrees/Credentials:	
Title:	
Organization:	
Address:	
Phone Number:	
Email Address:	
Presenter's brief Biography (Required)	
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Name:	
Degrees/Credentials:	
Title:	
Organization:	
Address:	
Phone Number:	
Email Address:	
Presenter's brief Biography (Required)	

Bibliography Citations

Follow the Color-Coded Guide

APA Style

Author(s)	Date	Title of Book	Title of Article	Title of Periodical
Volume	Pages	Place of Publication	Publisher	Other Information

Journal Article: where the page numbering continues from issue to issue

Dubeck, L. (1990). Science fiction aids science teaching. *Physics Teacher*, 28, 316-318.

Journal or Magazine Article: that start each issue with page one
(for magazine articles, include the month and day - see below)

Wilcox, R. V. (1991). Shifting roles and synthetic women in Star trek: The next generation. *Studies in Popular Culture*, 13(2), 53-65.

Magazine or Journal Article from a Database

(for journal articles, do not include the month - see above)

Mershon, D. H. (1998, November/December). Star trek on the brain: Alien minds, human minds. *American Scientist*, 86(6), 585.
Retrieved July 29, 1999, from Expanded Academic ASAP database.

Newspaper Article

Di Rado, A. (1995, March 15). Trekking through college: Classes explore modern society using the world of Star trek. *Los Angeles Times*, p. A3.

Book

Okuda, M., & Okuda, D. (1993). *Star trek chronology: The history of the future*. New York: Pocket Books.

Book Article or Chapter

James, N. E. (1988). Two sides of paradise: The Eden myth according to Kirk and Spock. In D. Palumbo (Ed.), *Spectrum of the fantastic* (pp. 219-223). Westport, CT: Greenwood.

Encyclopedia Article

Sturgeon, T. (1995). Science fiction. In *The encyclopedia Americana* (Vol. 24, pp. 390-392). Danbury, CT: Grolier.

ERIC Document

Fuss-Reineck, M. (1993). *Sibling communication in Star trek: The next generation: Conflicts between brothers*. Miami, FL: Annual Meeting of the Speech Communication Association. (ERIC Document Reproduction Service No. ED 364932)

Website

Lynch, T. (1996). *DS9 trials and tribble-ations review*. Retrieved October 8, 1997, from Psi Phi: Bradley's Science Fiction Club Web site: <http://www.bradley.edu/campusorg/psiphi/DS9/ep/503r.html>